

SPRING 2019

familius

Helping Families Be Happy™



Did you see our new
9 Habits of Happy Families?
Check them out on the
inside cover.

NEW!

A powerful new sound book
brings the inspiring words
of world-changing women
to life! Find She Spoke
on page 2.



FAMILIUS

We publish beautiful books that help families live our 9 Habits of Happy Families.

HAPPY FAMILIES:



Love Together



Play Together



Learn Together



Work Together



Talk Together



Heal Together



Read Together



Eat Together



Laugh Together

THE MOST IMPORTANT
WORK YOU WILL
EVER DO WILL BE
WITHIN THE
WALLS OF YOUR
OWN HOME.



Welcome to the

FAMILY

One of my favorite stories is *The Selfish Giant* by Oscar Wilde. I discovered this story in a library near my home when I was very little. I loved to imagine and imitate the giant's rumbling speech:

"My own garden is my own garden," I would say in my deepest voice.


And "Who hath dared to wound thee?" I would say. "Tell me, that I may take my big sword and slay him."

It is a magical story of pride, of change of heart, of redemption, and of forgiveness.

When David Miles, the Familius publishing director, suggested we illustrate a new edition of this classic work, I was immediately engaged. David and I had spent a number of hours together listening to Wilde's short stories while driving, and we found yet one more thing we had in common. A Wilde short story is an unexpected but now obvious addition to our publishing program.

To publish a new edition of a classic work takes some naïveté as well as courage. We're not the first publisher to do this with Wilde. But when David suggested we also expand our literary children's book line and publish Robert Frost's poem "The Road Not Taken" as a picture book, I thought that a very bold idea, indeed. Based on our research, we believe that Familius is the first publisher to ever do this. Frost is one of my favorite poets, and I have frequently quoted him to my children. This seminal poem that explores the inescapable results of choice might seem an odd choice for a children's picture book. However, as I read and reread that poem, I believe that children are very capable of understanding that "way leads on to way" and that sometimes we may not "ever come back" to where we started. And as with all great children's books, they can be read and enjoyed on a child's adventurous level as well as an adult's experienced level. Good picture books are a wonderful medium that can span generations.

Perhaps we'll find as we read these stories that, in addition to simply enjoying them, we can be less selfish and more forgiving of those around us and of ourselves. Perhaps we can find courage to take our own road less traveled by and find that our journey and personal growth has made the difference to ourselves and to our families.



Christopher & Michele

Christopher & Michele Robbins, Founders



She Spoke

14 Women Who Raised Their Voices and Changed the World

KATHY MACMILLAN AND MANUELA BERNARDI
ILLUSTRATIONS BY KATHRIN HONESTA

When the world tells you to stay quiet, do you listen, or do you speak up? In *She Spoke: 14 Women Who Raised Their Voices and Changed the World*, readers can hear the words of poet Maya Angelou, activist Malala Yousafzai, scientist Temple Grandin, and more at the touch of a button.

Through succinct profiles, stunning portraits by illustrator Kathrin Honesta, and the original voices of these women, *She Spoke* will inspire readers of all ages to share their own truths and change the world. **Ages 8–12**

- Takes the popular women's biography category for kids, and adds a new and exciting sound feature!
- Female empowerment and strong women role models are increasingly popular topics for children's books
- Features 14 speeches from diverse women who have made a difference in the world
- This is the first time a sound book has been created on this topic
- Goes beyond a simple biography to give children a chance to hear the speeches that moved people into action



ISBN-13: 9781641701310 Price: \$24.99 (USD)
Hardcover picture book with built-in sound panel. Padded cover with spot foil and spot UV
11 X 9, 32 pages ISBN 978-1-64170-131-0
Ships: April 2019

Press the buttons and hear the real voices of each woman speak out!



Book includes fourteen diverse, inspiring women:

- Maya Angelou
- Mary McLeod Bethune
- Shirley Chisholm
- Hillary Rodham Clinton
- Tammy Duckworth
- Temple Grandin
- Dolores Huerta
- Malala Yousafzai
- and more!



Kathy MacMillan is a nationally certified American Sign Language interpreter, writer, teacher, librarian, and storyteller. She is the author of nine books for parents, librarians, and educators, including *Nita's First Signs* (Familius, 2018) *Little Hands and Big Hands: Children and Adults Signing Together* (Huron Street Press, 2013). Her debut young adult novel, *Sword and Verse*, was published by HarperCollins in January 2016.



Manuela Bernardi is a film and TV writer based in Rio de Janeiro, Brazil, where she was born and raised. In television, she has written on shows for TV Globo, TBS, GNT, Multishow, and the History Channel. In film, she has developed features for Canal+ and collaborated on *Os Fins e os Meios*, a political thriller by award-winning director Murilo Salles, which won Best Screenplay at Festival do Rio 2014.



Kathrin Honesta is an illustrator based in Jakarta, Indonesia. She illustrates for projects such as advertising campaigns, branding, albums, book covers, and picture books. She has worked with local and international clients such as Samsung, Prudential, HarperCollins, Penguin Random House, Scholastic Asia, and Holiday House Books.



Little Lacers: 123

Lace and Learn Your First Numbers!

PETER HINCKLEY

Little Lacers 123 combines the fun of lacing cards with the portable convenience of a book! Seven lacing cards—each cut into shapes from the numbers 1 through 10—are bound together into this colorful book adorned with delightful woodland characters and scenes. Using three colored shoelaces, children can learn the numbers 1 through 10 by lacing the holes cut around each large number. *Little Lacers 123* is the incredible, tactile way to learn, and better yet, the shoelaces conveniently store in a compartment embedded in the front cover! No lost cards, no bulky boxes—just hours of number-lacing fun! **Ages 3+**

New series!



Acetate storage compartment with 3 laces

ISBN-13: 9781641700085 Price: \$16.99 (USD)

Novelty board book with 3 colored shoelaces and 10 drilled numbers for lacing! Laces store conveniently in front-cover compartment., 9.5 X 7.75, 14 pages

Ships: March 2019 ISBN 978-1-64170-008-5



- **The first book to bind popular lacing cards into one convenient book!**
- **Includes ten numbers to lace and three colored shoelaces**
- **Large, kid-friendly package**
- **Lacing helps to improve child's motor skills, dexterity, and hand eye coordination**
- **Filled with adorable foxes, rabbits, bears, and other trendy woodland animals**
- **Shoelaces store snugly in a convenient compartment built into the front cover**



Includes 3 colored laces that store in a convenient compartment!



Peter Hinckley is child number five in a family of seven children. He has been writing and drawing since he was a kid, though back then that was mostly on the back of church bulletins. Peter lives in California with his family.

Let's Make Yoga Magic

HEATHER LEAH
ILLUSTRATIONS BY SANDIE SONKE

Make yoga magic with the most beautiful and interactive kids' yoga book out there! Pull the levers, turn the wheels, and watch as 13 adorable children come to life to act out 13 yoga poses and create other yoga magic. Kids will delight in seeing the sun rise over the mountain pose, boats float beneath the bridge pose, and branches magnificently blossom when a child makes the tree pose. A perfect tool for instructing and inspiring little yogis of all ages. **Ages 3-6**



ISBN-13: 9781641701297 Price: \$14.99 (USD)
Includes interactive wheels, sliders, and rockers, 7.5 X 8.5, 14 pages
Ships: April 2019 ISBN 978-1-64170-129-7



Heather Leah is a poet, teacher, behavior analyst, community organizer, and children's yoga guide in Washington, DC. She loves to play with paint, words, trees, and her friends. Being outside with her pup, Snoop, is her favorite activity. Raised in Connecticut, she has loved planting roots in the nation's capital since 2013. When she is not working with children, she organizes yoga and healing spaces across the DC area through her organization, WithLoveDC. Her mission is to spread love and smiles everywhere she goes.



Sandie Sonke is an illustrator living in Rancho Cucamonga, California. She graduated with a BA in Studio Art from Cal State University Fullerton in 2010. Wearer of many hats, Sandie is a freelance illustrator, wife, and mom to two inspirational souls. When she is not drawing, you can find her playing legos with her kids or sipping coffee with her husband.

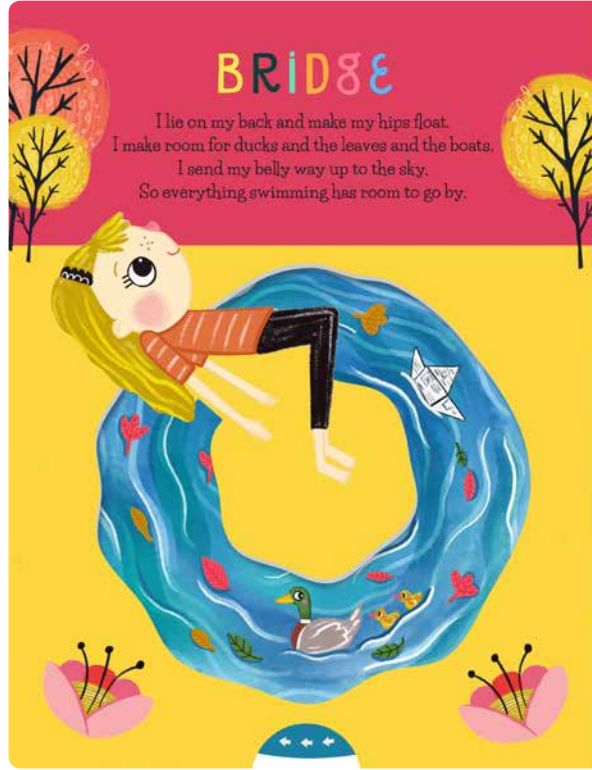


Turn the wheel to go from day to night!



Irresistible interactive mechanisms make yoga magic!

- Interactive elements show the movement of each pose
- Yoga for children has never been more popular!
- Magical changing images give children a fun way to remember each pose name and helps to hold their attention during teaching
- Yoga encourages children to relax and be mindful
- Early introduction to yoga encourages healthy habits and body awareness



Turn the wheel and watch the water flow under the bridge pose.

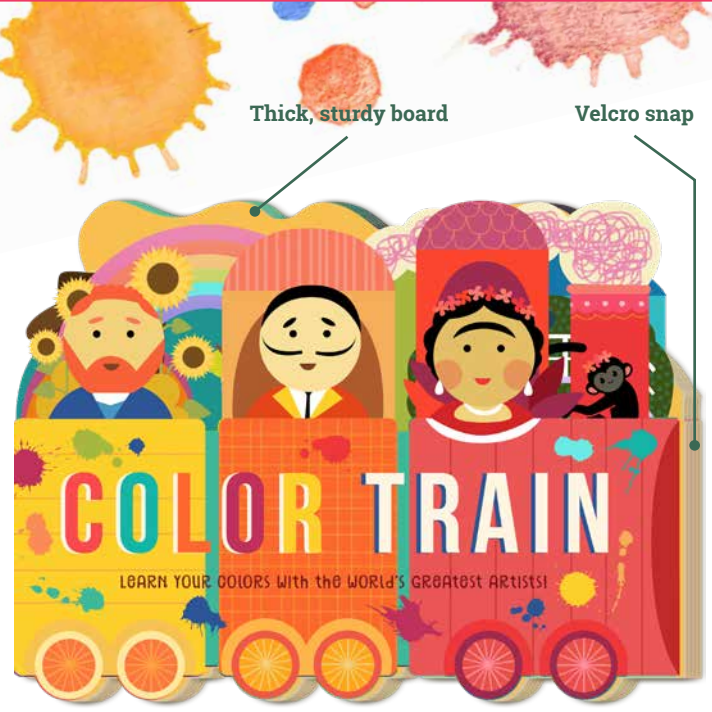


Move the lever back and forth to make the boat float on the water!

Color Train

BY DAVID MILES

All aboard the Color Train! Join Frida Kahlo, Vincent van Gogh, Claude Monet, and the rest of the world's most famous artists on a colorful train ride that teaches both essential colors and iconic works of art. This adorable two-in-one board book unfolds into a 56" train (perfect for playtime or room decor!) A handy velcro clasp keeps everything snugly shut when reading time is over. **Ages 3-6**

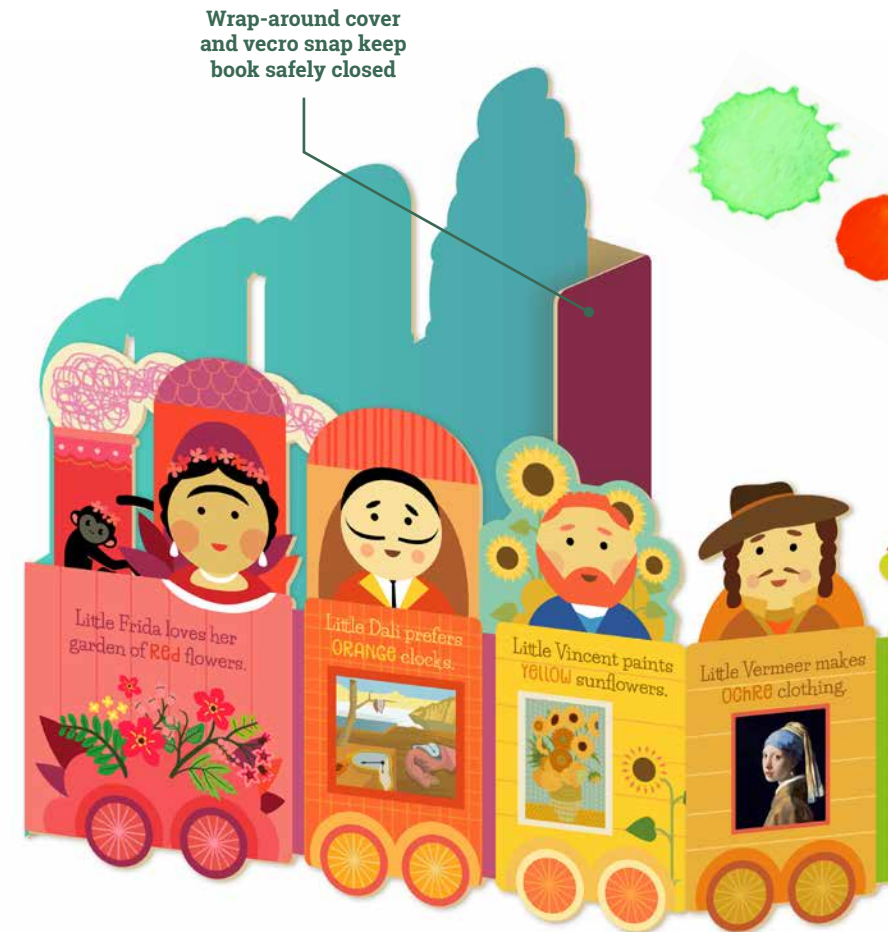


ISBN-13: 9781641701068 Price: \$12.99 (USD) Die-cut novelty board book that unfolds accordion style into a 56" train. Wrap-around cover with velcro snap. 8 X 6, 14 pages

Ships: February 2019



- Learn your colors with help from the world's greatest artists!
- Unfolds into a 56" train
- Playful two-in-one format: read as a book or play as a train
- Includes a famous artist and work of art for each color
- Wrap-around cover and velcro snap keep book snug and protected when not in use
- Interactive and visually stimulating for small hands



Unfolds into a 56" train!



David Miles makes books for a living. He also reads books, writes books, sells books, shelves books, thinks about books, drives to books, sleeps to books, and cooks from books, but he doesn't eat books (which is fortunate). He is the author of *Book, Unicorn (and Horse)*, and *Allegro* and has illustrated multiple series. David graduated from Brigham Young University with a BS in business management. He and his wife and son live in California where they enjoy lots of tacos, donuts, and, well . . . books.

Don't miss Alphatrain!



Alphatrain

\$12.99 ISBN-13: 9781945547812

LIT for LITTLE HANDS™

The Secret Garden

ADAPTED BY BROOKE JORDEN
ILLUSTRATIONS BY DAVID MILES

Join Mary, Dickon, and Colin on their heartwarming journey of friendship and gardening magic. Filled with interactive wheels and pull-tabs, and lavishly illustrated, *The Secret Garden* is an unprecedented kid's introduction to Frances Hodgson Burnett's beloved classic novel. Unlike many board books that tackle the classics, Lit for Little Hands tells the actual story in simple, engaging prose. Gorgeous springtime illustrations transport the reader to the gardens and halls of Misselthwaite Manor, while tons of interactive elements invite kids to help Mary discover the secret garden, make friends, and help Colin walk! Fans of the novel will be delighted by the book's attention to detail and clever use of original text and dialogue. And the book's super-sturdy board means everyone can enjoy this tale over . . . and over . . . and over again! The magic of the secret garden will return each time you read! **Ages 3-6**

Pull the tab to make the plant magically grow!



ISBN-13: 9781641701051 Price: \$12.99 (USD)
Includes interactive wheels, sliders, and rockers, 6.5 X 7.5, 20 pages

Ships: February 2019 ISBN 978-1-64170-105-1

Packed with interactive mechanisms



Pull down the flap to reveal the hidden key! And pull the slider to the right to uncover the secret door.



Pull the slider and a sulky Mary appears in the carriage window.



Tells the real story with beautiful illustrations and actual dialogue.



Turn the wheel and watch as the garden magically blooms!



Open the door and discover Colin in his room.

Don't miss the other interactive classics in this exciting series!



Alice's Adventures in Wonderland

\$12.99 ISBN-13: 9781945547683



Pride and Prejudice

\$12.99 ISBN-13: 9781945547355



Peter Pan

\$12.99 ISBN-13: 9781641700511

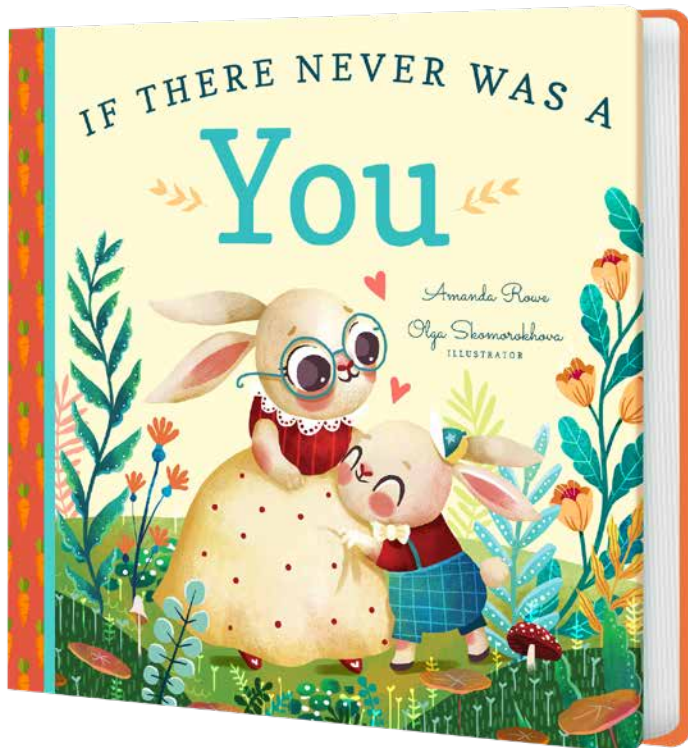
Built with sturdy board for little hands

If There Never Was a You

AMANDA ROWE
ILLUSTRATIONS BY OLGA SKOMOROKHOVA

If there never was a you, how empty life would be! Who would make me smile and laugh and keep me company?

Filled with heartwarming messages of love, belonging, and togetherness, *If There Never Was a You* gently reassures children that the place they hold in their parents' hearts can never be filled by anything else. **Ages 2-4**



ISBN-13: 9781641701112 Price: \$10.99 (USD)
Board book with padded cover, 8 X 8, 20 pages

Ships: February 2019 ISBN 978-1-64170-111-2

- **A heartfelt illustrated poem to show children how important they are in the world**
- **Bunny illustrations make this a great addition to any Easter basket or Easter display**

Amanda Rowe

lives in New Jersey with her two beloved children. She is a freelance writer, an academic administrator, an amateur chef, a travel enthusiast, and a book hoarder. Amanda loves anything with peanut butter as an ingredient and is determined to make the world a better place. Visit her at www.amandarowewrites.com.

Olga Skomorokhova

was born and grew up in Russia. She specializes in magazine and book illustrations and other commissioned and personal projects. Olga is inspired by travel and people; thus you can see a lot of botanical, architectural, and animalistic topics in her art.

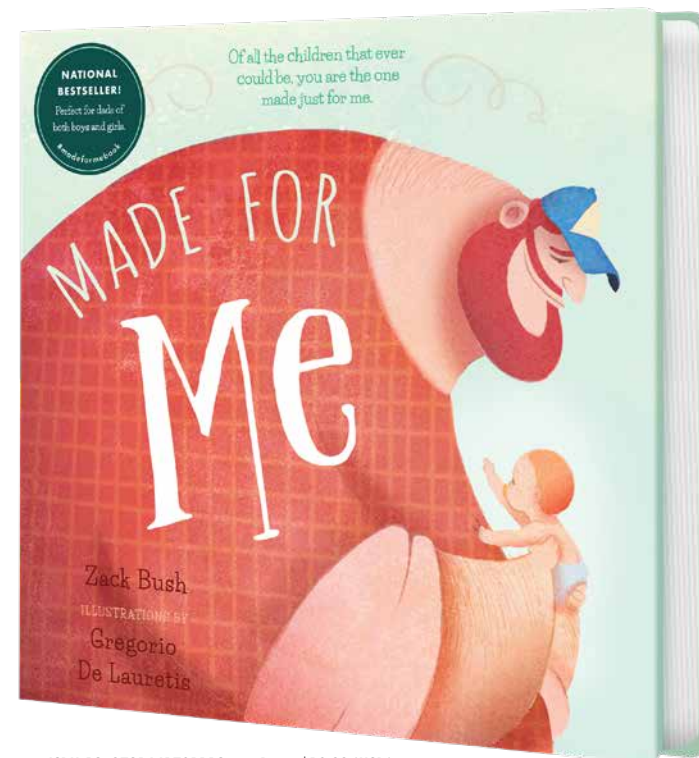


Made for Me

ZACK BUSH
ILLUSTRATIONS BY GREGORIO DE LAURETIS

From a child's first uttered "Dada" to his or her first unsteady steps, nothing can adequately convey the joy and awe of watching the birth and growth of a new child. Filled with adorable illustrations and the refrain, "You are the one made just for me," *Made for Me* is a winning presentation of tender moments that tie a father and his new child together—forever.

- **The board book of the bestselling picture book!**
- **Original book has been featured as a *Publisher's Weekly* best seller, Amazon #1 title for New Baby, *People Magazine's* Kid Pick for April 2018 and as a full-sized billboard in NYC Times Square!**
- **Captures the rich, poignant emotions of becoming a parent for the first time and watching a child grow.**



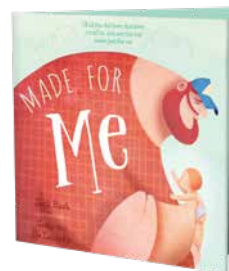
ISBN-13: 9781641701112 Price: \$10.99 (USD)
Board book with padded cover, 8 X 8, 20 pages

Ships: February 2019 ISBN 978-1-64170-111-2



Zack Bush is the owner of Ball & Chain, a historic live-music venue on Miami's famed Calle Ocho, in the heart of Little Havana. Zack and his partners renovated and restored the nearly forgotten gem, famous for hosting 20th-century jazz greats like Chet Baker, Count Basie, and Billie Holiday. Today, musicians from around the world perform live on the Ball & Chain stage. Zack's other passion is books. A devoted reader and writer, Zack's lifetime desire to become an author has found a refreshed source of inspiration as the father of two-year-old son Ace and baby daughter Ava.

Gregorio De Lauretis studied at the Academy of Art in Florence and graduated in Teramo. Since then he has studied graphic design and web design at Nemo NT Academy of Digital Arts where he awarded a scholarship from the famous character designer Stephen Silver. Gregory works digitally but begins with drawing with ink on paper. He then scans the work on his computer where he exalts the piece with his colors and finishing touches. He currently works as freelance illustrator based in Florence, where he lives.



Don't miss the original picture book!

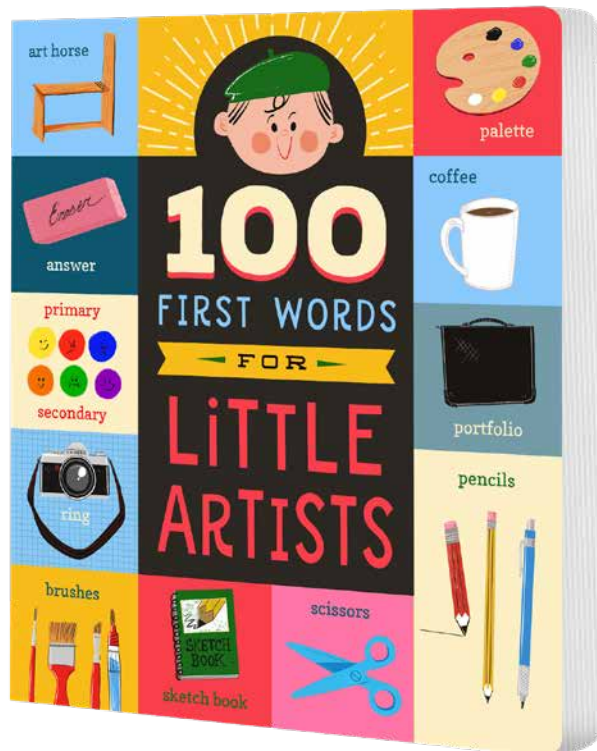
See page 65.

100 First Words for Little Artists

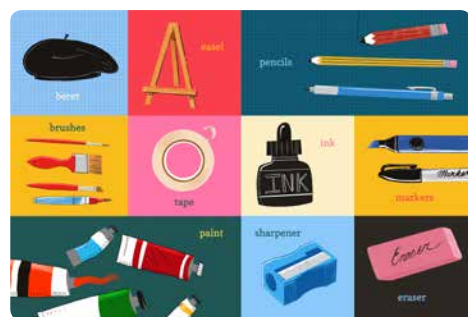
BY KYLE KERSHNER

Are you an artist? Then of course your baby will inherit your creative genes! But how to get your prodigy started on the path of complementary colors and 2-point perspectives?

Introducing *100 First Words for Little Artists*, an artistic primer for kids learning their first words! Forget *apple* and *dog*. Little artists are ready for *CMYK*, *caricature*, and *ceramics*. With terms from across the spectrum of visual arts, this is a must-have collection of words every budding artist needs in his or her vocabulary (even at the age of 2). Packed with fun illustrations and 100 words every prodigy should know, *100 First Words for Little Artists* is the perfect board book for artistic families everywhere. **Ages 2-4**



ISBN-13: 9781641701280 Price: \$9.99 (USD)
 Board book, 6 X 7, 20 pages ISBN 978-1-64170-128-0
 Ships: April 2019

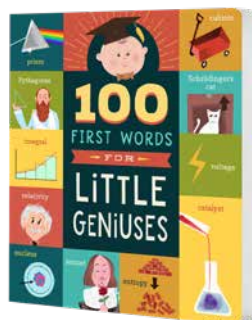


Don't miss the other books in this adorable series!



100 First Words for Little Geeks

\$9.99 ISBN-13: 9781641700078



100 First Words for Little Geniuses

\$9.99 ISBN-13: 9781641700139

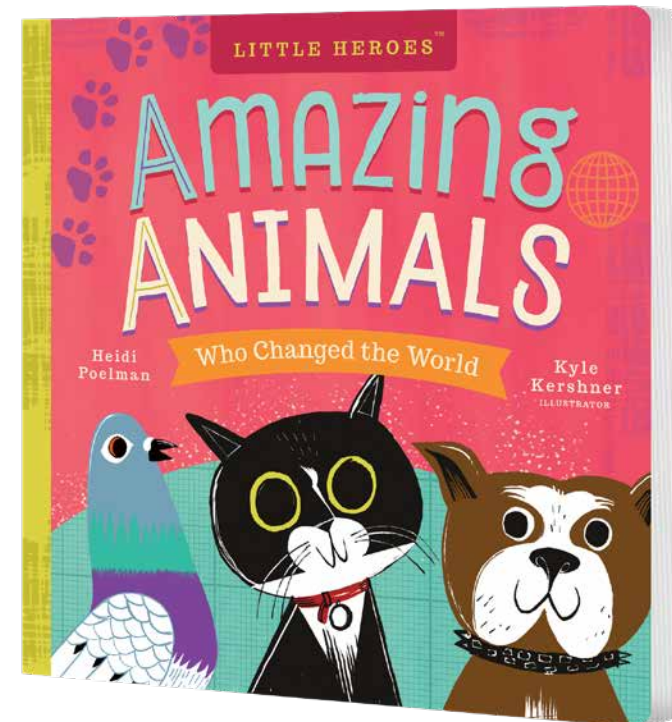
LITTLE HEROES™

Amazing Animals Who Changed the World

HEIDI POELMAN

ILLUSTRATIONS BY KYLE KERSHNER

From the courage of Stubby the war dog to the empathy of Koko the gorilla, *Little Heroes: Brave Animals Who Changed the World* is a young child's first introduction to the incredible animals who taught us that you don't have to be big (or human) to make a difference. Simple text and adorable illustrations tell the contributions of nine animals who went down in history as interspecies heroes: Cher Ami the carrier pigeon, Simon the cat, Togo the sled dog, Able and Baker the monkeys, and more! **Ages 2-4**

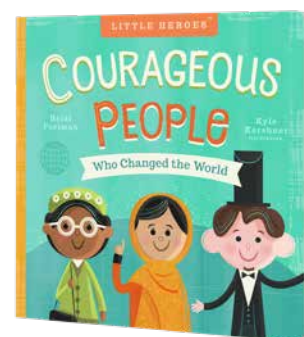


ISBN-13: 9781641701105 Price: \$9.99 (USD)
 Board book, 7 X 7, 20 pages ISBN 978-1-64170-110-5
 Ships: February 2019

- **Animals—a fresh addition to the biography section!**
- **Children will love to learn how animals have shaped history**
- **Third book in the Little Heroes series**

Don't miss the other books in this bestselling series!

Courageous People Who Changed the World



\$9.99 ISBN-13: 9781945547751

Inventors Who Changed the World



\$9.99 ISBN-13: 9781641700351



Heidi Poelman

graduated from Wake Forest University with a master's degree in communication. She is the author of *The Two-Minute Secret to Staying in Love*, in which she explores the significance of seemingly simple thoughts, words, and deeds. Heidi lives in Utah with her husband, with whom she has four children.



Kyle Kershner

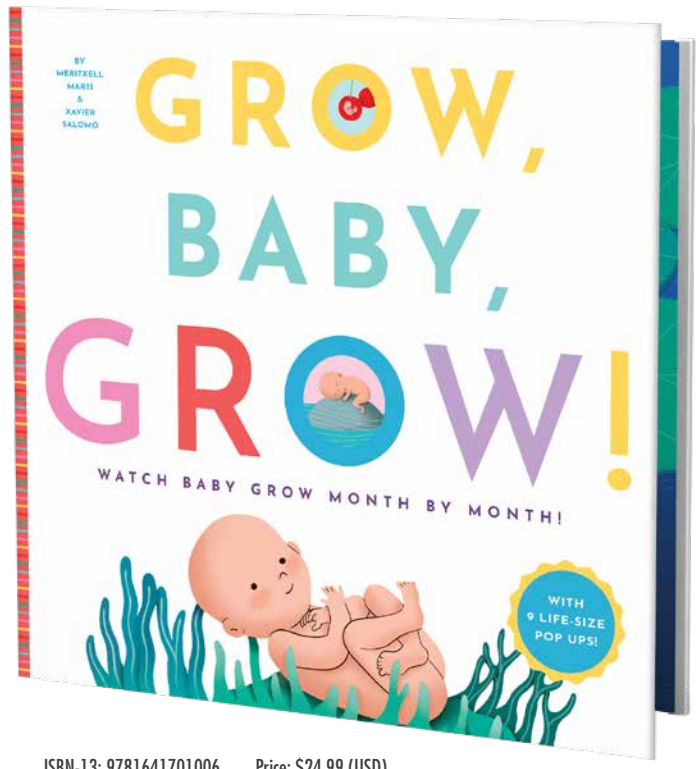
has loved drawing since he was a tot. He graduated from the Savannah College of Art and Design with a BFA in sequential art. He spends his days doing what he loves most, illustrating children's books and making kid-friendly art. Kyle resides in Northeast Ohio with his wife and son.

Grow, Baby, Grow!

Watch Baby Grow Month by Month!

MERTIXELL MARTÍ AND XAVIER SALOMÓ

See baby grow and develop month by month with 9 stunning, life-size pop-ups! *Grow, Baby, Grow!* artistically and poetically illustrates the growth of a baby before birth by comparing him or her to something wonderful and familiar: a pearl on the beach, a cherry on a limb, a starfish in the sea. *Grow, Baby, Grow!* is a beautiful treasure for expecting mothers, new arrivals, and curious siblings-to-be.



ISBN-13: 9781641701006 Price: \$24.99 (USD)
Pop-up book, 10.25 X 10.25, 18 pages
Ships: February 2019 ISBN 978-1-64170-100-6

Meritxell Martí is a writer, professor of humanities, consultant of entrepreneurship, and an expert in connecting ideas. She's also skilled in public speaking, motivation, and a foment of creative projects.
Xavier Salomó is an illustrator and paper engineer. He has collaborated with leading publishers in Spain and France and has worked on children's magazines. Xavier has won the Junceda Prize twice.

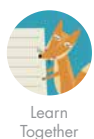
- Pop-up book gives young siblings and new moms life-size comparisons to help wrap their heads around baby's growth
- Perfect gift for baby showers, new moms, and first born siblings



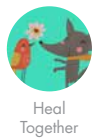
Shows all nine months of miraculous baby growth in life-size, beautiful pop-ups!



THESE BOOKS HELP FAMILIES:



Learn Together



Heal Together

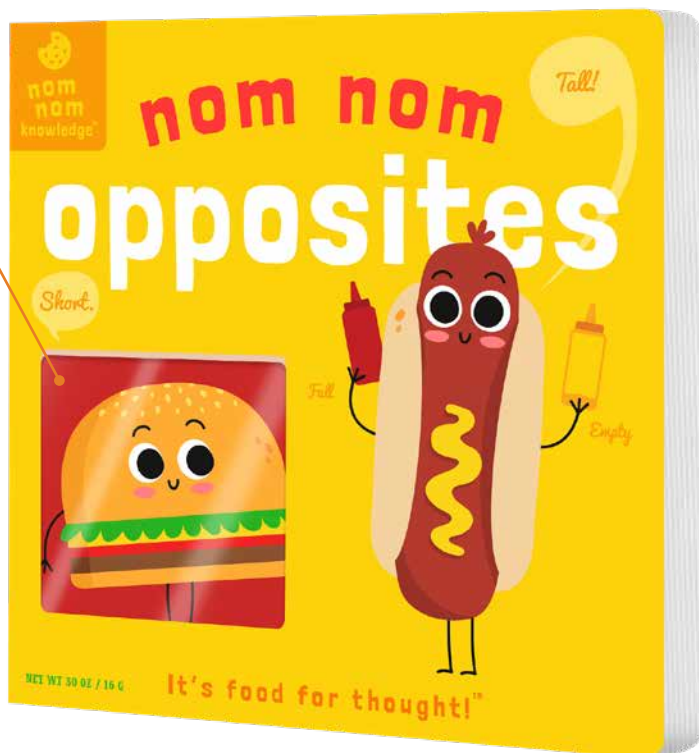
nom nom knowledge™

Nom Nom Opposites

FORREST EVERETT

Nom Nom Opposites gives young minds food for thought—literally! Kids who love Shopkins and Num Noms will enjoy learning their opposites with the help and encouragement of adorable picnic food characters found throughout. Even the book feels like food packaging with an acetate window on the front cover hinting at the delicious contents inside. It's food. It's education. It's cute. It's Nom Nom Knowledge! **Ages 2-4**

With acetate window, just like food packaging!



ISBN-13: 9781641701099 Price: \$8.99 (USD)

Board book, 7 X 7, 20 pages, acetate window on front cover

ISBN 978-1-64170-109-9



Ships: February 2019

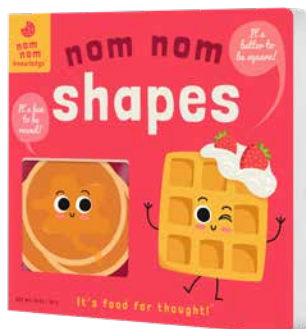


Nom Nom Colors

\$8.99 ISBN-13: 9781641700078

Nom Nom Shapes

\$8.99 ISBN-13: 9781641700139



Don't miss the other books in this adorable series!

- Irresistibly cute board books fashioned after popular children's toys like Shopkins and Num Noms
- Teaches opposites with the help of adorable picnic food characters
- Book is designed to look like food packaging with an acetate window, net weight, and other delightful details

Harriet's Monster Diary

Awfully Anxious (But I Squish It, Big Time)

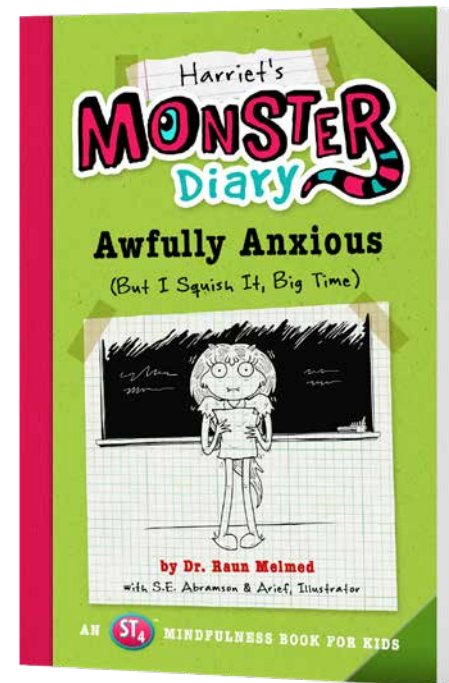
DR. RAUN MELMED AND S.E. ABRAMSON

ILLUSTRATIONS BY ARIEF

Meet Harriet, a lovable monster who is just sick at the thought of giving a report in front of her class! Her heart pounds, her chest gets tight, and her stomach twists in painful knots. She can't even bear to get started on it! What is she going to do?

In the same humorous spirit of *Diary of a Wimpy Kid* comes *Harriet's Monster Diary: Awful Anxiety (But I Squish It, Big Time)*. Using the "furmometer" and ST₄ techniques developed by Dr. Raun Melmed of the Melmed Center in Arizona, *Harriet's Monster Diary* teaches kids how to monitor how they feel and respond to stressful situations. Harriet's hilarious doodles and diary entries chronicle her delightful adventures, misadventures, and eventual triumph in a funny, relatable way. It's the one book that stressed kids will want to calm down to read!

Harriet's Monster Diary also includes a resource section to help parents and teachers implement Dr. Melmed's methods, plus ST₄ reminders that kids can remove, color, and place around the house.



ISBN-13: 9781641701273 Price: \$12.99 (USD)

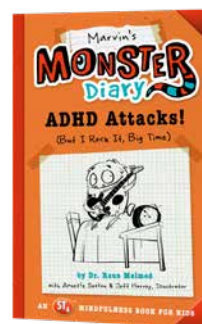
Trade paperback, 5 X 8, 116 pages

ISBN 978-1-64170-127-3

Ships: April 2019

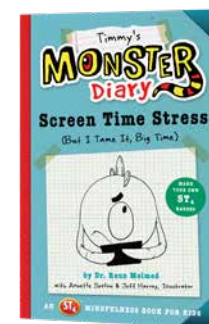


- Goes beyond explaining anxiety symptoms and provides simple, concrete techniques (ST₄) that kids can use to manage their anxiety
- Author is a developmental and behavioral pediatrician and the medical director of the Melmed Center in Scottsdale, AZ
- Written in the style of the very popular *Diary of a Wimpy Kid*, this book gives children the information they need in a fun and entertaining format
- Includes a section for parents and teachers to better understand the techniques and overall strategies for working with a child who has anxiety



Marvin's Monster Diary

\$9.95 ISBN-13: 9781942934103



Timmy's Monster Diary

\$9.99 ISBN-13: 9781945547195

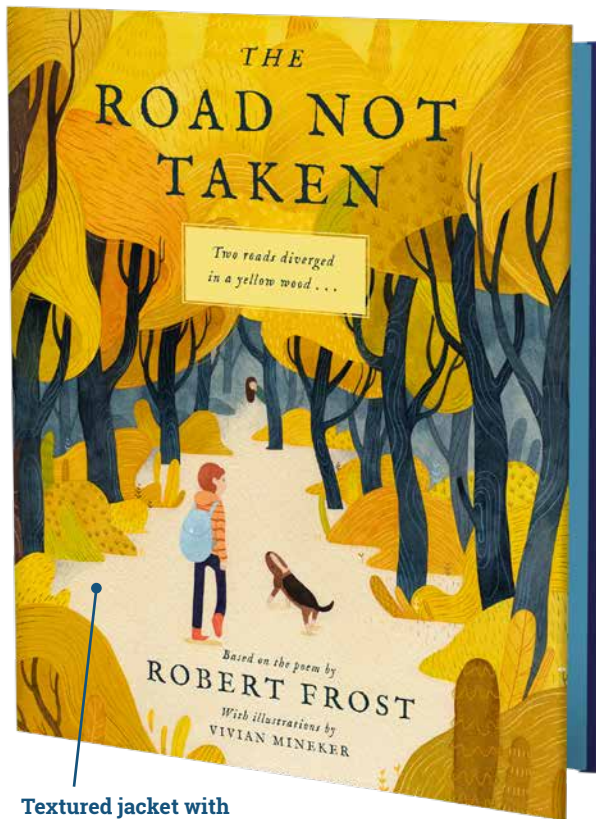
Dr. Raun Melmed is a practicing developmental and behavioral pediatrician. He founded the Melmed Center in 1989 in Scottsdale and is a cofounder and medical director of the Southwest Autism Research and Resource Center. Dr. Melmed serves on the faculty of the University of Arizona and at Arizona State University.

S.E. Abramson graduated from Brigham Young University in 2016 with a BA in English. She lives in south-central Pennsylvania with her family. *Harriet's Monster Diary* is her literary debut. She enjoys writing, video games, and anthropomastics.

The Road Not Taken

ROBERT FROST
ILLUSTRATIONS BY VIVIAN MINEKER

Reflect on the many choices of life's journey in this gracefully illustrated rendition of Robert Frost's perennial poem "The Road Not Taken." A first of its kind, this lovely hardcover presentation of the poem can be read with either the common or the traditional interpretation as a beautiful reminder of the impact (trivial or serious, wonderful or tragic) that our decisions have on our lives. Most importantly, it's a beautiful reminder that whatever path we do choose, joy comes from embracing the journey.



Textured jacket with gold foil detailing

ISBN-13: 9781641701075 Price: \$17.99 (USD) 9 X 11, 32 pages
Textured jacketed hardcover with spot foil and spot UV. Beautiful uncoated paper throughout interior.
Ships: February 2019



Two roads diverged in a yellow wood . . .

A stunning, graceful celebration of life's adventures and finding joy in the whole journey.



. . . I doubted if I should ever come back.

- A perennial favorite, now in picture book form for the first time!
- Creative and imaginative interpretation of the classic poem that can be read multiple ways
- Lines from this poem have appeared in numerous commercials, TV shows, movies, and songs and is easily recongnized by any reader
- A perfect gift for graduation, anniversaries, or just because!

Vivian Mineker is a Taiwanese American from Taipei and Portland, OR, currently living in Slovenia. She works as a freelance illustrator. Her style is a bit quirky, fun, and sweet, with a modern feel. Her process usually starts with watercolor and colored pencils and finishes on the computer for fine details and adjustments. She's always loved to draw and make up stories and characters, so it's been a wonderful journey getting to the place where she is now!

The Selfish Giant

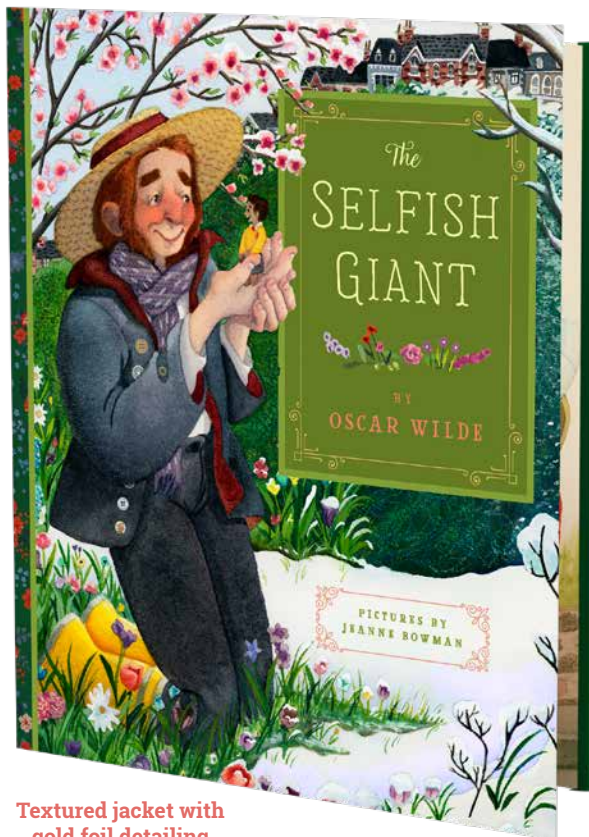
OSCAR WILDE
ILLUSTRATIONS BY JEANNE BOWMAN

A beloved tale that has lasted for generations, *The Selfish Giant* by Oscar Wilde, one of the world's greatest writers, tells the tale of a very selfish giant, his wonderful garden, the curious and playful village children, and, of course, the little child who changes the giant's heart. A beloved classic in English literature, *The Selfish Giant* may be Oscar Wilde's greatest story of redemption and forgiveness.

Newly illustrated by renowned artist Jeanne Bowman, this fantastic edition of this famous tale showcases Wilde's story in a palette and composition that will delight and inspire both young and old and will become a family treasure to be read again and again.

- One of the five short stories featured in Oscar Wilde's 1888, *The Happy Prince and Other Tales*
- New illustrations bring the 130-year-old story to the modern day
- Teaches children the value of sharing, friendship, and forgiveness

Jeanne Bowman moved around a lot as a kid, bouncing up and down the spine of the Rocky Mountains. She graduated from a college with the same name and majored in art. Jeanne decided when she was four that becoming an illustrator would be the best job for her, as you can read all the books you want and you don't have to go out into the sun, which burns. She currently resides in Montana. Jeanne is now addicted to illustrating stories for children and can't wait for the next one.



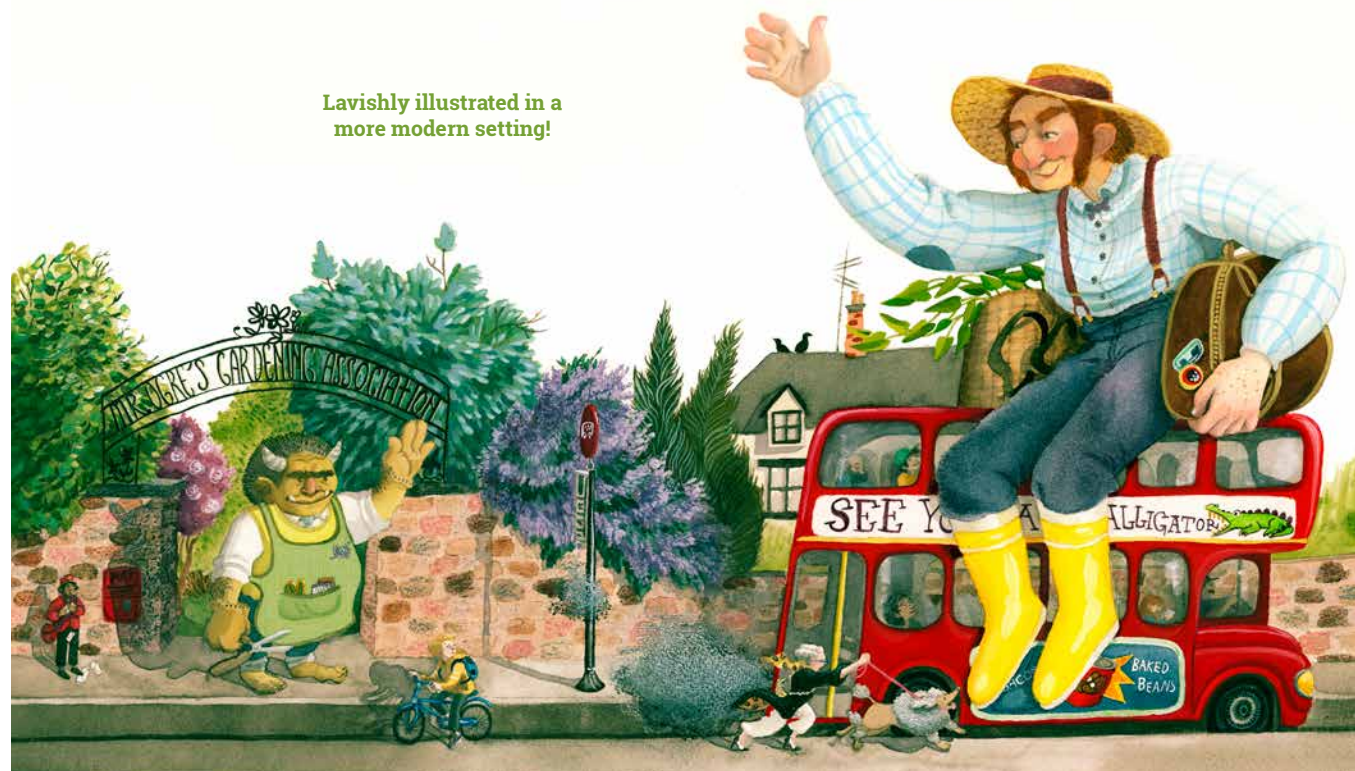
Textured jacket with gold foil detailing

ISBN-13: 9781641701266 Price: \$17.99 (USD) 9 X 11, 32 pages

Textured jacketed hardcover with spot foil and spot UV. Beautiful uncoated paper throughout interior.

Ships: February 2019

ISBN 978-1-64170-126-6



Lavishly illustrated in a more modern setting!

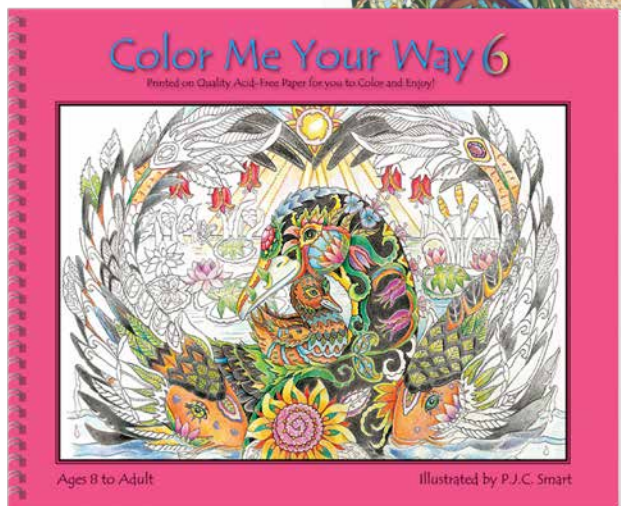


Color Me Your Way 6

BY PAMELA SMART

Color Me Your Way 6 is the long awaited addition to the million-copy, bestselling coloring series from Pamela Smart. Inspired by her legions of Facebook fans, Pam created new, original art based on their ideas and feedback, resulting in eight detailed images for *Color Me Your Way 6*.

Pam's imaginative and intricate designs—whether a majestic lion, a noble knight, or an aquatic scene of beautiful seashells and tropical flowers—provides a bestselling coloring book for children and adults alike. The book is entertaining for those who like to explore their broadening color pallet and therapeutic for those who simply need to relax through one of the best mindfulness activities available. As with *Color Me Your Way 1* through *5*, each 11.5 x 14 inch page in *Color Me Your Way 6* is printed on high-quality, acid-free paper to ensure your beautiful images stay vibrant and rich.

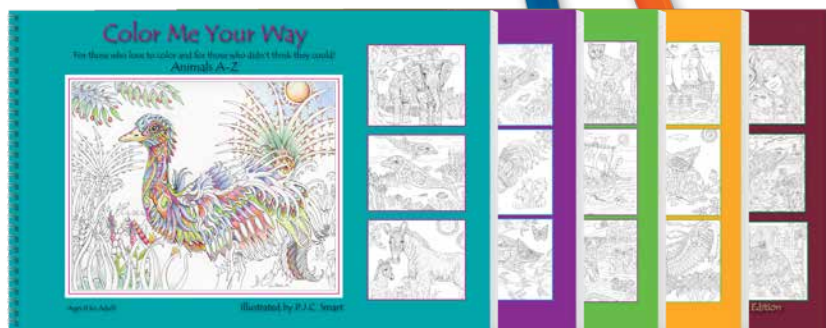


ISBN-13: 9781641701259 Price: \$14.99 (USD)
Spiral bound, 16.6 X 11, 16 pages ISBN 978-1-64170-130-3
Ships: February 2019

- **With over one million copies sold, this international bestselling series is now available to the trade**
- **Hidden images within the illustrations add to the rich details and coloring fun**
- **The 11.5 x 14 inch larger trim size allows for family members of all ages to participate (ages 8–adult)**
- **Printed on acid-free art paper**
- **A fantastic mindfulness activity**

Pamela Smart is a self-taught artist influenced by her mother and the multicultural background of growing up in Hollywood, CA. She's had a love for both animals and art since she was a little girl, which led her to illustrate the bestselling family coloring book series *Color Me Your Way*. The mother of four children, she lives in Boise, ID, where she continues to work on new additions to her internationally bestselling coloring book series.

Don't miss the rest of this bestselling series! For series and display information, see page 54.



The Little Book of Foster Care Wisdom

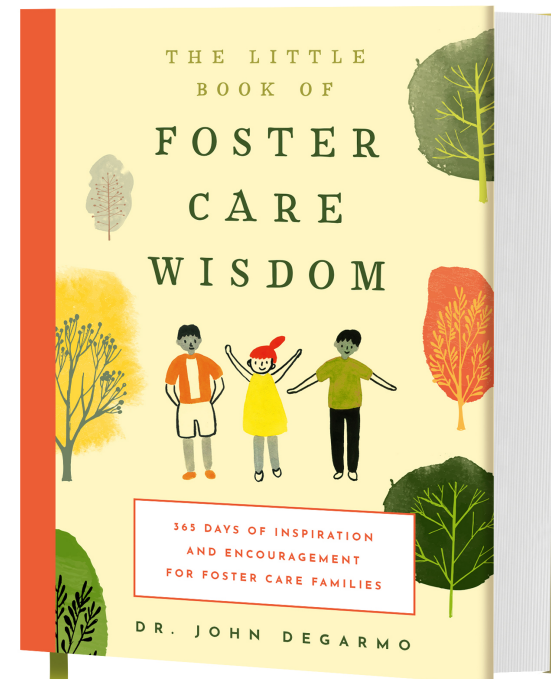
365 Days of Inspiration and Encouragement for Foster Care Families

BY DR. JOHN DEGARMO

Foster parenting is both a rewarding and a challenging job, a lifestyle of continuous learning and new experiences, and *The Little Book of Foster Care Wisdom* will be there to support you as you, in turn, support your foster children.

Filled with 365 days' worth of daily tips, inspirational quotes, and motivational short stories from a foster care expert, this book is a must-read for modern child-welfare advocates, adoptive parents, and foster parents. It provides inspirational content every day, including instructions, tips, anecdotes, and more.

- **There are nearly 428,000 children in foster care in the United States**
- **Author is a nationally recognized foster care expert and director of The Foster Care Institute**
- **Author and his wife are the recipients of the *Good Morning America* Ultimate Hero Award for their work to ensure that foster children are given an opportunity at family life**
- **The current turnover rate of foster care parents is 50 percent; this devotional helps parents deal with foster care burnout by giving them the encouragement they need in tough times**



ISBN-13: 9781641701242 Price: \$18.99 (USD)
Hardcover with jacket, 2-color interior, 5 X 7, 368 pages

Ships: April 2019 ISBN 978-1-64170-124-2



Dr. John DeGarmo is the author of several foster care books, including the new book *The Foster Care Survival Guide*, the bestselling book *Faith and Foster Care*, and the foster care children's book *A Different Home: A New Foster Child's Story*. He is the director of The Foster Care Institute and acts as a consultant to foster care agencies and legal agencies across the United States. Dr. John is a dynamic speaker and informative trainer on the foster care system, and he travels extensively across the globe, meeting with foster parents, child welfare workers, churches, schools, and organizations. Dr. DeGarmo has appeared on several TV programs and channels, including CNN HLN, *Good Morning America*, Freeform, NBC, FOX, CBS, and PBS. He writes regularly for many magazines and is a regular contributor to several publications, both in the United States and overseas.

Dr. DeGarmo is married to Dr. Kelly DeGarmo, who hails from Australia, and the two of them have six children, both biological and adoptive. Dr. DeGarmo and his wife are also currently foster parents to three siblings, bringing their household to nine children. Dr. DeGarmo has been a foster parent for dozens of children for over a decade now. He has a passion for helping foster children and is driven to bring education and insight into general society about all things foster care. Dr. DeGarmo and his wife are the recipients of the *Good Morning America* Ultimate Hero Award, and the Up with People Everyday Hero Award. The two also were honored with their city's Citizens of the Year Award.

Good Moms Have Scary Thoughts

A Healing Guide to the Secret Fears of New Mothers

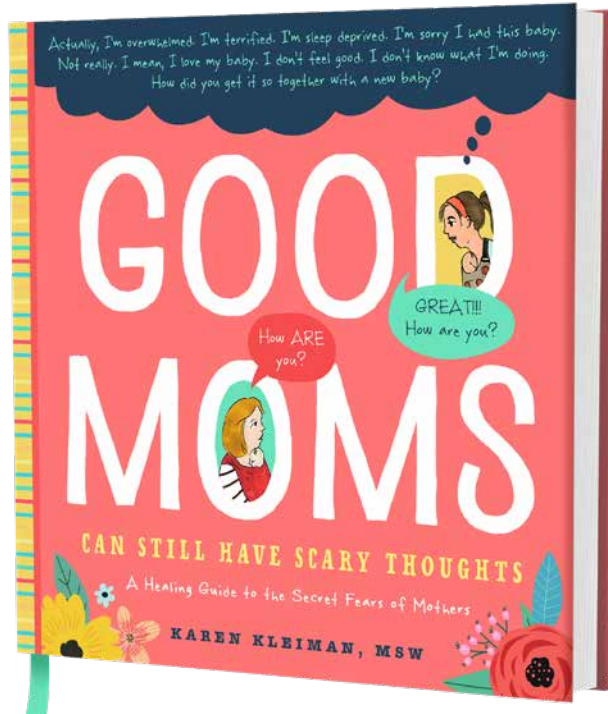
BY KAREN KLEIMAN

ILLUSTRATIONS BY MOLLY MCINTYRE

Over 90 percent of new mothers will have scary, intrusive thoughts about their baby and themselves.

What if I drop him? What if I snap and hurt my baby? Mothering is so hard—I don't know if I really want to do this anymore. Gosh, I'm so terrible for thinking that! Yet for too many mothers, those thoughts remain secret, hidden away in a place of shame that can quickly grow into anxiety, postpartum depression, and even self-harm. But here's the good news: you CAN feel better!

Author Karen Kleiman—coauthor of the seminal book *This Isn't What I Expected* and founder of The Postpartum Stress Center—comes to the aid of new mothers everywhere with a groundbreaking new source of hope, compassion, and expert help. *Good Moms Have Scary Thoughts* is packed with world-class guidance, simple exercises, and nearly 50 stigma-busting cartoons from the viral #speakthesecret campaign that helps new moms validate their feelings, share their fears, and start feeling better. Lighthearted yet serious, warm yet not sugary, and perfectly portioned for busy moms with full plates, *Good Moms Have Scary Thoughts* is the go-to resource for moms, partners, and families everywhere who need help with this difficult period.



ISBN-13: 9781641701303 Price: \$16.99 (USD)

Hardcover, 7 X 7, 128 pages

ISBN 978-1-64170-130-3

Ships: February 2019



Karen Kleiman is a well-known international maternal mental-health expert with over thirty years of experience and the author of *This Isn't What I Expected*. As an advocate and author, her work has been featured on the internet and within the perinatal mental health community for decades. In 1988, Karen founded The Postpartum Stress Center, a treatment and training facility for prenatal and postpartum depression and anxiety disorders, where she treats individuals and couples. Karen has been interviewed for, featured in, and reviewed by local and national TV, magazines, radio shows, and health websites. Her national television appearances include *Katie*, *Inside Edition*, *The Oprah Winfrey Show*, and *NBC Nightly News with Tom Brokaw*. A few popular magazines and websites that have featured her work or interviewed her include *Self*, *Fit Pregnancy*, *HuffPost*, *Today's Parent*, *Parenting*, *Working Mother*, *CNN.com*, and *Mothering*.



Molly McIntyre is an illustrator and comic artist with a background in traditional printmaking and book arts techniques. Her illustrations have been featured in *Bitch* magazine, *Everyday Feminism*, *Scary Mommy*, *Psychology Today*, and more. She lives in Brooklyn, NY, with her husband and young son.

- Author is a leading authority on the subject of postpartum depression
- Approximately 950,000 women experience postpartum depression each year, and 91% of new mothers admit to experiencing “scary thoughts”
- #speakthesecret currently has over 100K impressions across social media platforms
- The recent updates to postpartum care presented by The American College of Obstetricians and Gynecologists makes this book timely and important
- Combines comic-like illustrations and mental health and wellness advice with workbook prompts to keep new moms engaged and focused on their self-care
- Easy-to-follow exercises are perfect for new moms with limited time and energy
- Author aims to remove the stigma mothers face when experiencing “bad” or “scary” thoughts



SELF ACCEPTANCE

More and more women are beginning to protest the expectation that women should “look” a certain way. Some argue that it's more a matter of taking good care of yourself. Others say, it's nobody's business. Postpartum women are particularly vulnerable to this expectation and potential shaming from others and from themselves.

Your body will change. Your needs will change. Your vision of yourself as a mother will change. You are evolving. Be gentle with yourself.

FOCUS ON WHAT YOU like about yourself

1. I am _____
2. I love _____
3. _____ makes me laugh



WHAT DO I NEED?

When someone asks “What can I do to help?” or “Do you need anything?”, it can sound like a trick question! It's hard to answer when you don't even know what you need or what would be helpful. You're exhausted, you're overwhelmed with excitement and anxiety. You're nervous and you're trying hard to do all the right things. Having a new baby can turn things upside down for a while and make you rethink everything you thought you knew. But small amounts of support can make a huge difference in how you feel. These acts of support are not indulgences. These are essential to your emotional well-being.

Can you LISTEN to 3 people you trust & ASK for SOMETHING?

1. _____
2. _____
3. _____

Examples of things to ask for:

- ride
- run errands
- shower
- cookies
- hugs
- babysitting
- nap
- a walk
- hug
- coffee
- house cleaning
- bring meal
- pick up dinner
- help w/ older kids
- call/text check-ins

Skinny Southern

Gorgeous hardcover with cloth binding

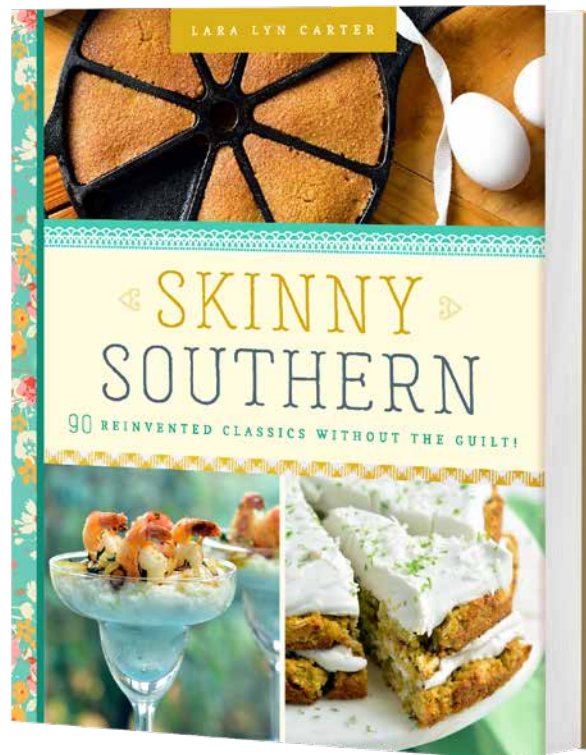
90 Reinvented Classics Without the Guilt!

BY LARA LYN CARTER
PHOTOGRAPHY BY TODD STONE

Skinny Southern? You heard right. America's uniquely delicious comfort food just got healthy! The recipes in this cookbook don't just "lighten up" Southern food—they offer gluten-free and paleo options as well. It's the Southern cuisine you know and love, at it's very finest.

With 90 reinvented Southern classics, savor entrées such as truffle and rosemary chicken or grilled lamb with sweet onion sauce; dabble with the citrus vinaigrette; sample the seafood gumbo, the quinoa salad, or the spaghetti squash with pecan truffle oil and herbs. You won't regret it!

Private chef and Emmy-Award winner, Lara Lyn Carter is considered Georgia's go-to authority on Southern entertaining. She's converted to healthy, clean cooking and shares her vast experience and array of healthy Southern recipes in this groundbreaking cookbook, an invaluable addition to any health-conscious kitchen.



ISBN-13: 9781641701082 Price: \$16.99 (USD)
Hardcover, paper-over-board cover with three-piece binding and decorative cloth spine; Full-color interior; 8.25 X 10.25, 224 pages
Ships: February 2019 ISBN 978-1-64170-108-2

- Emmy-Award winning author has appeared on several televisions shows in the US and Canada and is currently filming with Food Network
- Author was featured as a guest chef at the Food Network & Cooking Channel South Beach Wine & Food Festival in February 2018
- Author has used her Skinny Southern style of cooking to lose 45 pounds and drop five dress sizes
- Focuses on clean alternatives for southern dishes without skimping on flavor!
- Features Southern classics with options for dietary restrictions (paleo, gluten-free, etc.)



Lara Lyn Carter is considered Georgia's "go-to authority" on Southern entertaining, adding her healthy, clean-cooking twist to Southern classics. She recently won her first Emmy for hosting *Thyme for Sharing with Lara Lyn Carter*. She has been featured in numerous magazines, newspapers, and radio shows across the US and Canada. As both a television and private chef, Lara Lyn has entertained and cooked for people from coast to coast and at numerous food and wine festivals, including the Telluride Wine and Food Festival in Colorado and the Food Network South Beach Wine and Food Festival in Miami. She lives in Georgia with her husband and their three sons.



90 Southern classics get a deliciously clean makeover!



ADULT

THESE BOOKS HELP FAMILIES:



Eat Together



Heal Together

Finding Peace in Times of Tragedy

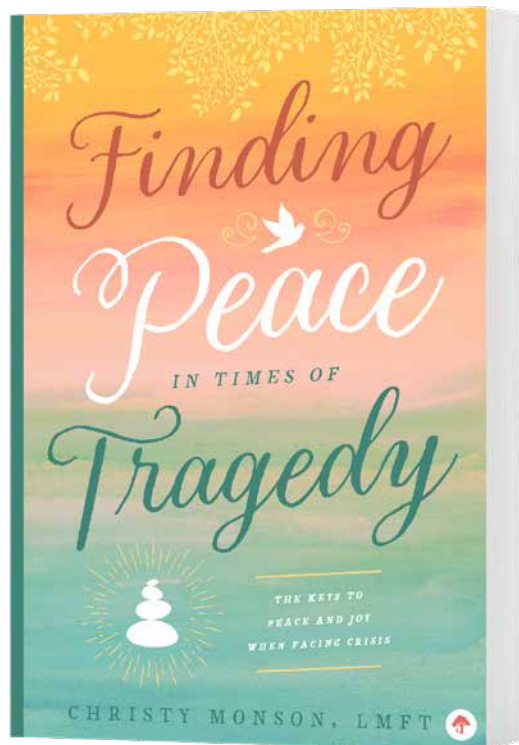
BY CHRISTY MONSON

Finding peace in times of worldwide trauma is difficult, and finding peace in times of personal trauma such as a family death or tragedy can be overwhelming. Therapist Christy Monson professionally and compassionately describes how tragedy physically changes the brain and the body, and she provides powerful techniques to help heal those invisible wounds and cope with the turmoil of our day.

Chapters are interspersed with moving, first-hand accounts that span the range of human tragedy, including those from

- A 9/11 survivor
- Parents who had two children die of brain tumors
- A mother whose son lost a leg in a road side bomb in Afghanistan
- A young adult whose father committed suicide
- And a rape survivor.

Through detailed research, years of experience, and detailed interviews with survivors, Monson shows that there is hope for not just peace but also joy after tragedy.



ISBN-13: 9781641701228 Price: \$17.99 (USD)
 Trade paperback, 6 X 9, 224 pages ISBN 978-1-64170-122-8
 Ships: March 2019

- **Author is an expert on trauma and a Licensed Marriage and Family Therapist**
- **Over 38 million women in the U.S. reportedly experienced abuse or trauma in 2016**
- **70 percent of adults in the US have experienced some type of traumatic event at least once in their lives**
- **Features interviews from survivors of trauma and their families**
- **Includes tips on how to deal with trauma in particularly difficult times such as holidays**



Christy Monson

received a BS degree at Utah State University and an MS at University of Nevada at Las Vegas. She established a successful counseling practice in Las Vegas, Nevada, as a Licensed Marriage and Family Therapist, spending a great portion of her time working with young people and their families. She and her husband, Robert have raised six children and have fourteen grandchildren.

Joy from Fear

Create the Life of Your Dreams by Making Fear Your Friend

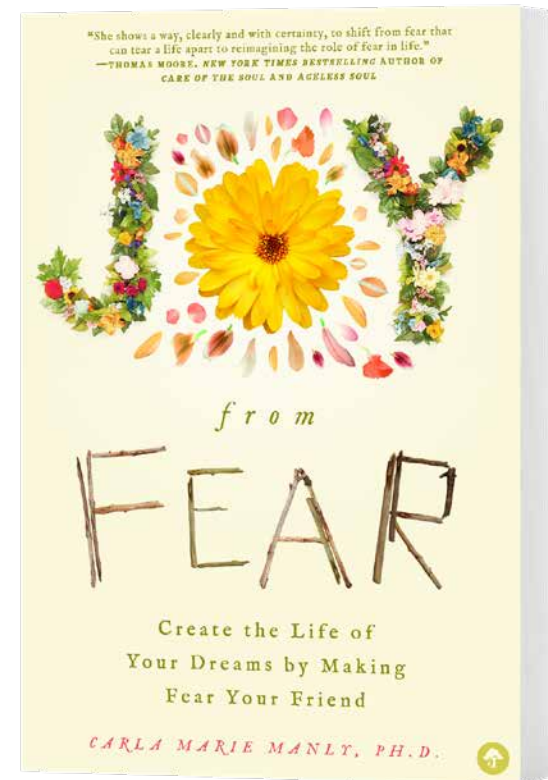
BY CARLA MARIE MANLY, PHD

If you find yourself running away from fear, you're running in the wrong direction. Fear demands that we move toward it, face it, and hear its messages. When we fail to do this, the price is high—chronic anxiety, sleeplessness, damaged relationships, skyrocketing pharmaceutical use, and more. In her enlightening book, *Joy from Fear*, clinical psychologist Dr. Carla Marie Manly explains that fear is not the enemy we thought it was; fear, when faced with awareness, is the powerful ally and best friend we all need.

Dr. Manly's work is firmly based in science but goes far beyond presenting the dry facts. *Joy from Fear* offers page after page of real-life examples, insights, easy-to-use tools, and life-changing exercises. Coining the term transformational fear, Dr. Manly illuminates the importance of embracing fear's messages for a transformed life filled with freedom and lasting happiness.



Dr. Carla Marie Manly has become recognized as an authority on fear and fear-based disorders such as trauma, anxiety, and depression. Dr. Manly maintains her clinical psychology practice in Sonoma County, California. With her doctorate in clinical psychology and her master's degree in counseling, Dr. Manly merges her psychotherapy skills with her writing expertise to offer sound, digestible guidance. Dr. Manly is committed to working with individuals and groups to improve personal growth, relationship connection, and increased life fulfillment. Through a highly personalized approach that focuses on utilizing transformational fear in the self-growth and healing process, Dr. Manly's psychotherapeutic model offers incomparable benefits. Blending her strong clinical knowledge with a holistic, body-mind-spirit approach, Dr. Manly focuses on the multi-dimensional needs of the individual. Recognizing a need for greater somatic awareness in society, Dr. Manly has integrated yoga and meditation practices into her private psychotherapy work and public course offerings.



ISBN-13: 9781641701211 Price: \$18.99 (USD)
 Trade paperback, 6 X 9, 256 pages ISBN 978-1-64170-121-1
 Ships: March 2019

- **Provides easy-to-use tools to face your fears and overcome whatever is stopping you from having a joyful life**
- **Author has a PhD in clinical psychology and currently works with clients on overcoming fear by increasing self-awareness**
- **Uses science-backed evidence and engaging exercises to help readers transform their lives**
- **The National Institute of Mental Health estimates that at any given time at least 40 million adults in the United States suffer from anxiety, and only 36 percent receive treatment**

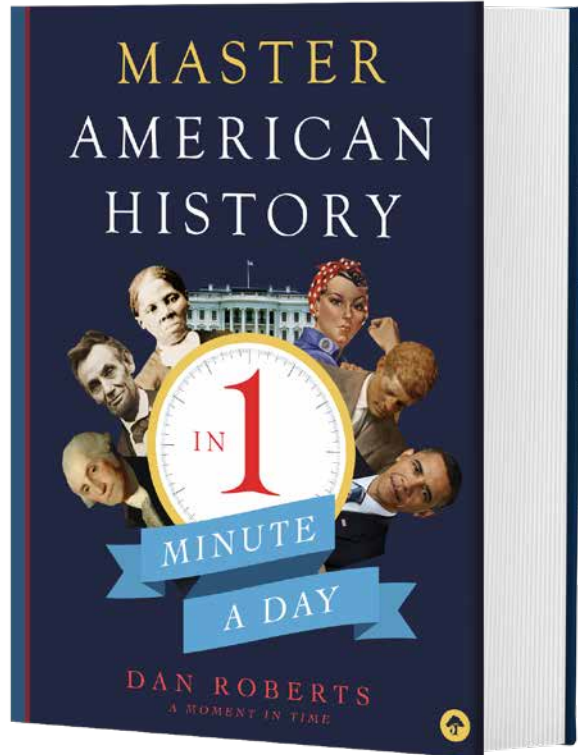
Master American History in 1 Minute a Day

Gold foil and spot varnish

BY DAN ROBERTS

Where was the lost colony? What tipped the balance in the Civil War? Were there second thoughts about dropping the atomic bomb?

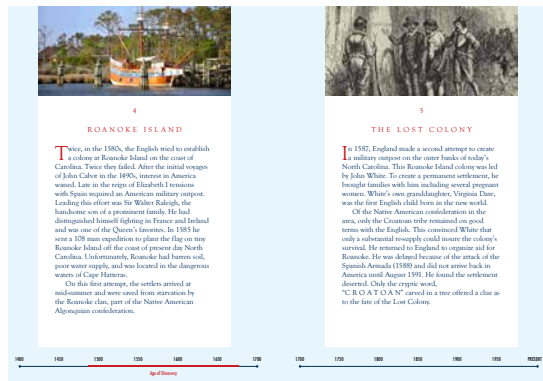
Amaze your friends and stun your coworkers with these answers and more from *Master US History in 1 Minute a Day*. Join acclaimed historian Dan Roberts—known to millions as the voice of the *A Moment in Time* radio series—on a bite-size romp through 500 years of American history. With just one minute a day, you can master all the essential facts of America's founding, Civil War, world conflicts, homefront transformations, and more. Packed with full-color photographs, paintings, and lively mini essays, *Master US History in 1 Minute a Day* is the perfect armchair companion for history lovers and history learners alike!



ISBN-13: 9781641701235 Price: \$19.99 (USD)

Paper over board with gold foil and spot UV, 5 X 7, 304 pages

Ships: March 2019 ISBN 978-1-64170-123-5



Helpful timeline from 1400 to present day!

Full-color imagery and 1-minute historical highlights



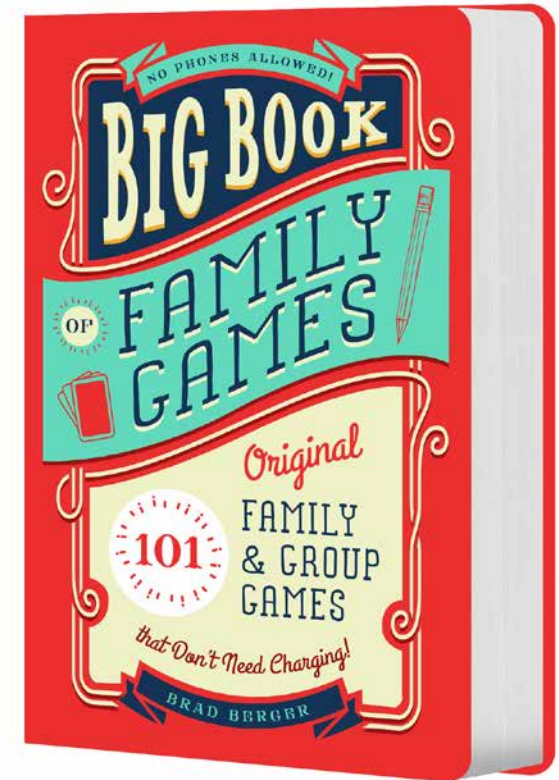
Dan Roberts is the executive producer and host of the award-winning radio series *A Moment in Time*. Created to excite and enlighten the public about the past—its relevance to the present and its impact on the future—*A Moment in Time* is a captivating historical narrative that is currently broadcast worldwide to an audience in the millions. Roberts is currently a professor of liberal arts and history at the University of Richmond and serves as chair of the department of liberal arts at the School of Professional and Continuing Studies. He has also been a guest contributor and columnist for *Education Week*, *USA Today*, *Scripps-Howard* papers, and the *Richmond Times-Dispatch*. He is often heard as a history commentator on CNN, *CNN Headline News*, and *Fox News*.

The Big Book of Family Games

101 Original Family and Group Games that Don't Need Charging

BY BRAD BERGER

The *Big Book of Family Games: 101 Original Family and Group Games that Don't Need Charging* brings people together for hours of hilarious, interactive, technology-free fun that requires virtually nothing more than pens and paper. This travel-friendly book guarantees hours of engaging entertainment with 101 original, rigorously tested games that challenge each player's ability to strategize, bluff, read minds, memorize, think quickly, and solve puzzles. No texting, tweeting, or surfing allowed!



ISBN-13: 9781641701334 Price: \$19.99 (USD)

Flexicover, 2-color interior, 5 X 8, 368 pages

Ships: April 2019 ISBN 978-1-64170-133-4



- 101 original games that invites families to unplug and play
- Great resource for parents looking for an alternative to screen-time
- Endorsed by JJ Abrams: "The world needs a book like this."
- Packed with memory, matchmaking, bluffing, speed, and puzzler games for family members of all ages



Brad Berger grew up in Great Neck, New York. He attended the University of Colorado where he earned a degree in French, Italian, and German and spent several years living and working in Europe. He currently resides on Long Island, where he works as president and publisher of a 130-year-old, family-owned publishing company. Inspired to bring people back together without technological interruption, Brad crafted the ultimate playbook of original games to give people a reason to come together and "unplug" for a while.

Old MacDonald Regional Books

FORREST EVERETT
ILLUSTRATIONS BY MARY SERGEEVA

Old MacDonald had a farm . . . in *your* region! In these delightful regional twists on the familiar farm tune, local birds go *chirp chirp* here, local fish go *splash splash* there, and everywhere there's lots of local pride. Friendly regional animals and scenery fill the pages of these irresistible die-cut books for kids. **Ages 1–3**

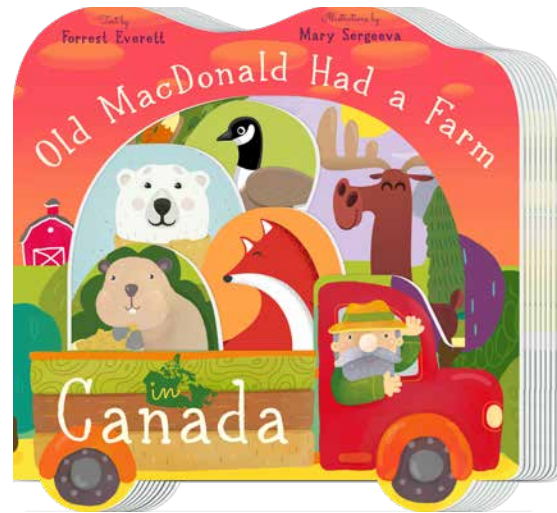
Row, Row, Row Your Boat Regional Books

FORREST EVERETT
ILLUSTRATIONS BY MARY SERGEEVA

Row, row, row your boat . . . in *your* region! Local sights and scenery spring to life in this adorable twist on the favorite children's song. Each die-cut page of the layered board book reveals an imaginary boat sailing past local landmarks, parks, museums, icons, and more! And when you're done with your journey? *Row, row, row your boat back around the bend. If you love your region, sing the song again!* **Ages 1–3**



New titles!



Old MacDonald Had a Farm in Washington

ISBN-13: 9781641701181 Price: \$12.99 (USD) 8 X 8, 16 pages
Layered board book with die-cut see-through pages.

Ships: March 2019 ISBN 978-1-64170-118-1

Old MacDonald Had a Farm in Canada

ISBN-13: 9781641701198 Price: \$12.99 (USD) 8 X 8, 16 pages
Layered board book with die-cut see-through pages.

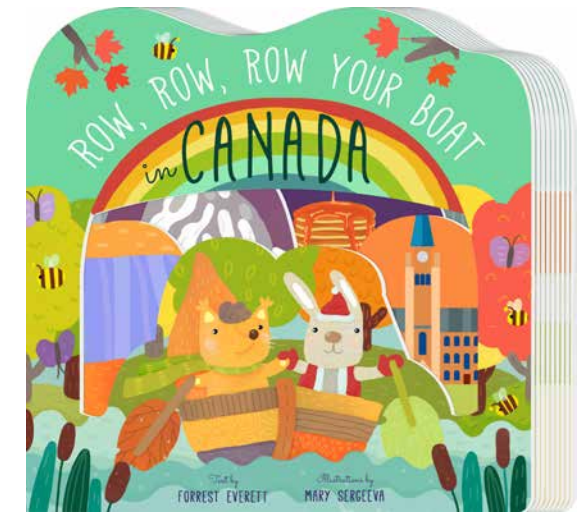
Ships: March 2019 ISBN 978-1-64170-119-8



Row, Row, Row Your Boat in Washington

ISBN-13: 9781641701174 Price: \$12.99 (USD) 8 X 8, 16 pages
Layered board book with die-cut see-through pages.

Ships: March 2019 ISBN 978-1-64170-117-4



Row, Row, Row Your Boat in Canada

ISBN-13: 9781641701167 Price: \$12.99 (USD) 8 X 8, 16 pages
Layered board book with die-cut see-through pages.

Ships: March 2019 ISBN 978-1-64170-116-7

Thick, chunky board and easy-grab, die-cut shapes make these perfect for little hands!



Old MacDonald on Oregon farm, EIEIO.
And on that farm he had a bear, EIEIO.
With a gr gr here, and a gr gr there.

Here a gr, there a gr,
everywhere a gr gr.
Old MacDonald on Oregon farm, EIEIO.

Other titles in this series:



Old MacDonald Had a Farm in Oregon

\$12.99 ISBN-13: 9781641700146



Row, Row, Row Your Boat in Oregon

\$12.99 ISBN-13: 9781641700153

Packed with adorable characters and familiar lyrics—with a twist!



BESTSELLING REGIONAL BOARD BOOKS

Take a field trip around your state with numbers, colors, and letters.

CHRISTIN FARLEY AND STEPHANIE MILES
ILLUSTRATIONS BY VOLHA KALIAHA

REGIONAL

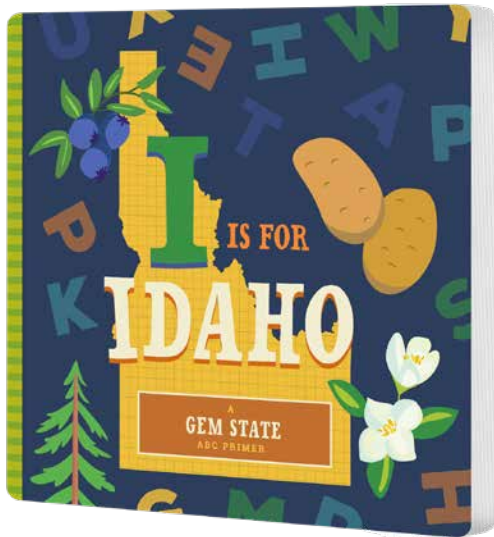
THESE BOOKS HELP FAMILIES:



Learn Together



Read Together



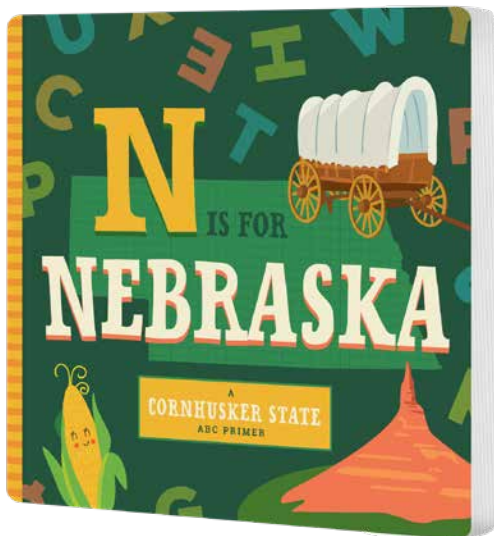
I is for Idaho

ISBN-13: 9781641701136 Price: \$12.99 (USD) 8 X 8, 20 pages
Board book Ships: July 2019



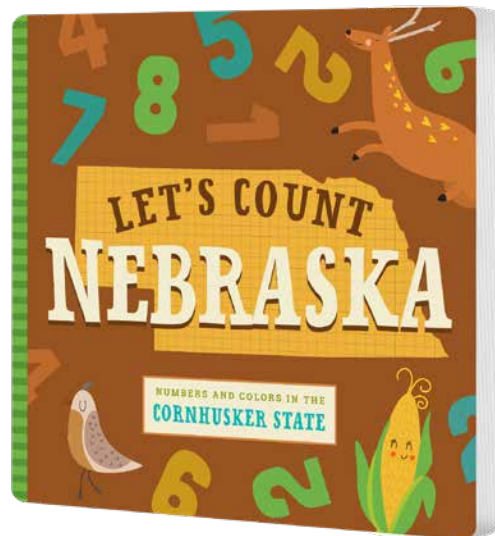
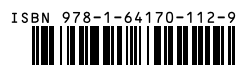
Let's Count Idaho

ISBN-13: 9781641701150 Price: \$12.99 (USD) 8 X 8, 20 pages
Board book Ships: July 2019



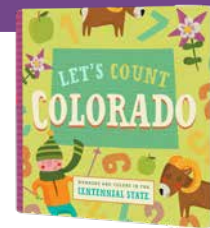
N is for Nebraska

ISBN-13: 9781641701129 Price: \$12.99 (USD) 8 X 8, 20 pages
Board book Ships: July 2019



Let's Count Nebraska

ISBN-13: 9781641701143 Price: \$12.99 (USD) 8 X 8, 20 pages
Board book Ships: July 2019



Let's Count Colorado
\$12.99 ISBN-13: 9781945547850
Board book; 20 pages; 8 X 8



C is for Colorado
\$12.99 ISBN-13: 9781945547867
Board book; 20 pages; 8 X 8



B is for Boston
\$12.99 ISBN-13: 9781945547898
Board book; 20 pages; 8 X 8



Let's Count Montana
\$12.99 ISBN-13: 9781945547874
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M is for Montana
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A is for Arizona
\$12.95 ISBN-13: 9781944822781
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Let's Count Arizona
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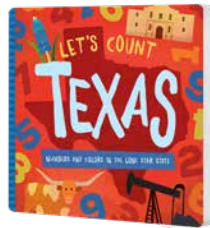
W is for Washington
\$12.95 ISBN-13: 9781944822026
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\$12.95 ISBN-13: 9781942934806
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Let's Count California
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Let's Count Oregon
\$12.95 ISBN-13: 9781942934585
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Board book; 20 pages; 8 X 8



Let's Count Florida
\$12.95 ISBN-13: 9781641700207
Board book; 20 pages; 8 X 8



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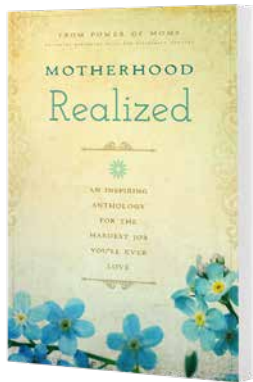
Backlist Buster Special!

25 ANY total backlist units earns plus five percent and 90-days dating on entire order.



Indie Special

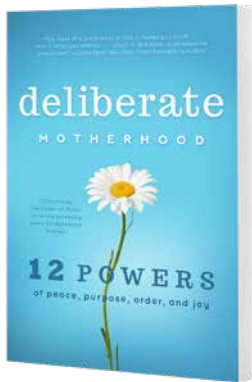
5 or more backlist titles totaling 15 units earns plus three percent on those backlist titles.



Motherhood Realized

Power of Moms
Filled with essays from real moms just like you, *Motherhood Realized* is the bestselling companion to moms everywhere who wonder if they'll ever get through the journey. Motherhood is the hardest job we'll ever love, and it's so much better when we're doing it together.

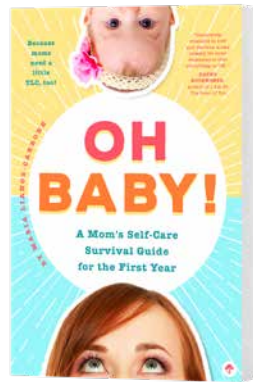
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Trade Paper; 206 pages; 6 X 9



Deliberate Motherhood

Power of Moms
Deliberate Motherhood presents inspiring ideas, poignant stories, and practical applications to help mothers find great success and personal growth in the beautiful and challenging work of raising the next generation.

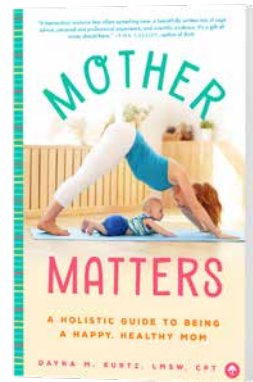
\$17.95 ISBN-13: 9781938301902
Trade Paper; 276 pages; 6 X 9



Oh Baby! A Mom's Self-Care Survival Guide for the First Year

Maria Lianos-Carbone
Maria Lianos-Carbone, founder of AMotherWorld.com, outlines the "proper care and feeding" of mothers during their baby's first year.

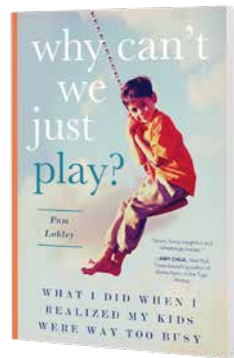
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Trade Paper; 270 pages; 6 X 9



Mother Matters

Dayna Kurtz
From postpartum depression and baby blues to healing meals and post-natal exercise, Kurtz guides new and veteran mothers alike through the best practices to care for themselves as they care for their children.

\$16.99 ISBN-13: 9781945547782
Trade Paper; 270 pages; 6 X 9



Why Can't We Just Play?

Pam Lobley
In a culture where children are pressured constantly to achieve, what happens when you let your children do nothing at all? Nationally syndicated humor writer Pam Lobley decided to slow down and give her family a summer that was a throwback to the 1950s. With trademark wit and candor, she reveals what we can learn from those long-ago families, why raising kids has changed so drastically, and most importantly, how to stop time once in a while and just play.

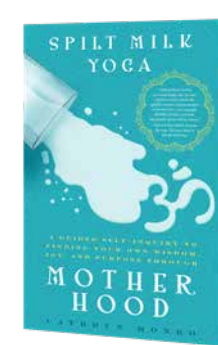
\$15.95 ISBN-13: 9781942934578
Trade Paper; 192 pages; 6 X 9



Here Be Dragons

Annmari Kelly-Harbaugh and Ken Harbaugh
Two parents challenge one another to find balance between work and family life. Their stories are both uproarious and poignant as they raise children and strive to leave their mark on the wider world. Filled with tender moments and plenty of laughs, *Here Be Dragons* recounts the adventures of a family trying to stay afloat and offers a life raft to the rest of us in choppy waters.

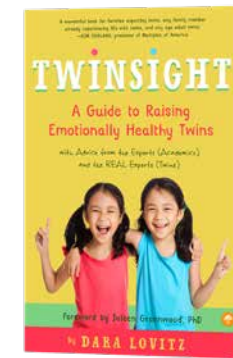
\$16.95 ISBN-13: 9781942934905
Trade Paper; 224 pages; 6 X 9



Spilt Milk Yoga

Cathryn Monro
Author Cathryn Monro combines personal experience, honesty, and humor to acknowledge the moments when motherhood stretches us to the edges of our tolerance, patience, anger, and exhaustion. Through guided self-inquiry, the challenges become opportunities to grow, not in spite of motherhood, but because of it.

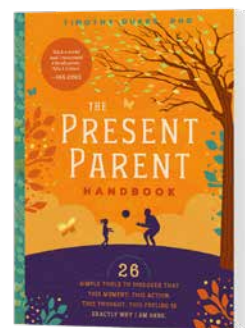
\$14.95 ISBN-13: 9781942934752
Trade Paper; 250 pages; 5 X 7



Twinsight

Dara Lovitz
Drawing on over seventy interviews with adult twins and their non-twin siblings, as well as expert insights from educators and psychologists and exhaustive research, author Dara Lovitz offers parents a definitive roadmap to raising emotionally healthy twins now and into the future.

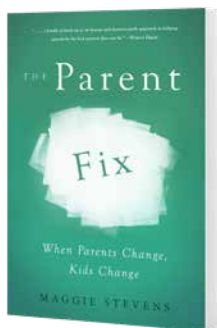
\$16.99 ISBN-13: 9781945547720
Trade Paper; 206 pages; 6 X 9



The Present Parent Handbook

Timothy Dukes, PhD
Addresses both the dilemmas and delights in each parenting moment, providing practices to manage both. With an A-Z approach, parents will learn how to be more mentally and emotionally available to their children.

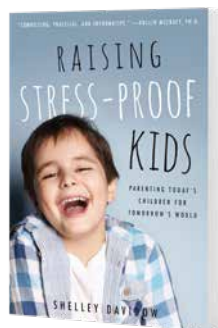
\$14.99 ISBN-13: 9781945547133
Trade Paper; 168 pages; 5 X 7



The Parent Fix

Maggie Stevens
There is power in parenting—correct parenting. Rather than focusing on the kids, as so many other self-help books do, *The Parent Fix* stresses that when parents change, kids change.

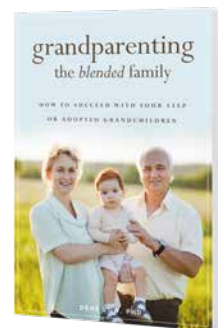
\$15.95 ISBN-13: 9781939629203
Trade Paper; 248 pages; 6 X 9



Raising Stress-Proof Kids

Shelley Davidow
Chronic stress is robbing children of their childhoods with negative physiological, emotional, and cognitive consequences. *Raising Stress-Proof Kids* shows parents that there's a lot we can do to mitigate the effects of our often too-stressful lives on our children's growing bodies and brains.

\$17.95 ISBN-13: 9781939629647
Trade Paper; 248 pages; 6 X 9



Grandparenting the Blended Family

Dene Low, PhD
Ever wonder what other grandparents do to succeed with their grandchildren? *Grandparenting the Blended Family* explores over 30 different grandparents and how they interact with their grandchildren—natural, step, and adopted.

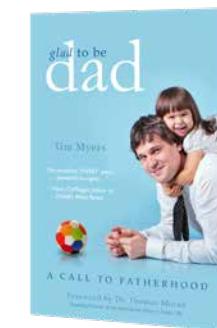
\$14.95 ISBN-13: 9781938301322
Trade Paper; 178 pages; 6 X 9



Dude to Dad

Hugh Weber
Dude to Dad contains absolutely no expert advice or medical guidance. You can read about mucus plugs and colostrum elsewhere. What you will find is a candid, quick, and often irreverent roadmap for making the most of your own personal transition from Dude to Dad.

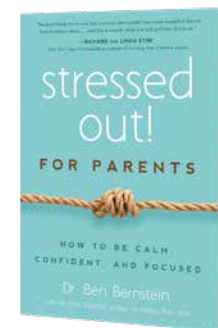
\$10.95 ISBN-13: 9781938301261
Trade Paper; Fully illustrated; 132 pages; 5 X 8



Glad to Be Dad

Tim J. Myers
By recounting personal experiences, offering sincere opinions, and including quizzes for fatherly-preparedness, Tim Myers emphasizes the importance of fatherly influence in the home.

\$17.95 ISBN-13: 9781938301018
Trade Paper; 270 pages; 6 X 9



Stressed Out! For Parents

Ben Bernstein, PhD
Dr. B., celebrated performance coach for CEOs, athletes, and musicians, takes on parents this time in *Stressed Out! For Parents*. Focusing on his nine steps to help during stressful situations, Dr. B. teaches parents in clear, entertaining writing how to be calm, confident, and focused.

\$16.95 ISBN-13: 9781939629319
Trade Paper; 200 pages; 6 X 9

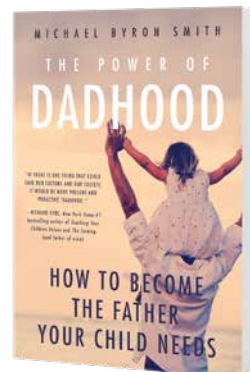
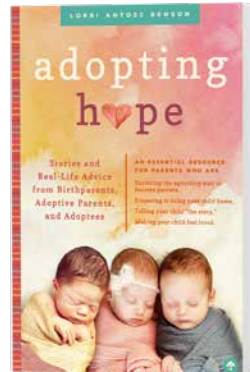
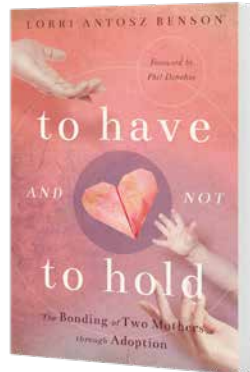
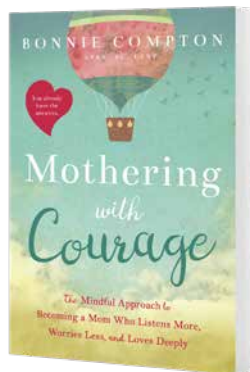
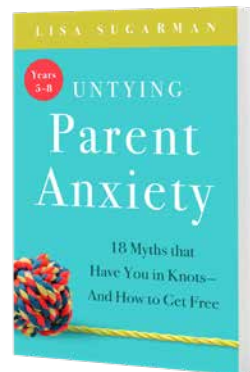
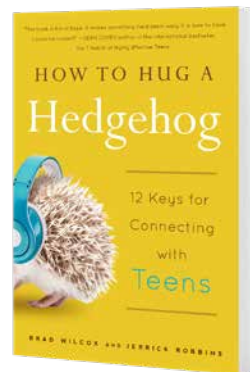


The Best-Kept Secrets of Parenting

Brad Wilcox and Jerrick Robbins
International speaker and educator Brad Wilcox and coauthor Jerrick Robbins share 18 of the most overlooked principles that help parents succeed. The heart-warming experiences shared as "secrets" will truly make the difference in your family.

\$14.95 ISBN-13: 9781938301407
Trade Paper; 184 pages; 6 X 9





A New Way for Mothers

Louise Webster
Inspiration, encouragement, and a step-by-step approach for every mother wishing to engage their talents during the hours their children are at school. This book has strategies and tips for all aspects of life—from finding the right type of work to supporting your health—to help moms find purpose and balance through the preschool years and beyond.

\$16.99 ISBN-13: 9781945547171
Trade Paper; 192 pages; 6 X 9



How to Hug a Hedgehog

Brad Wilcox and Jerrick Robbins
A teen's job is to be difficult, and most do it really, really well. No problem. With entertaining stories and 12 principles that open the cages, unlock the doors, and get you talking, *How to Hug a Hedgehog* explores everything from communication to what you might have missed on the teen "warning label."

\$14.95 ISBN-13: 9781939629197
Trade Paper; 176 pages; 6 X 9



Untying Parent Anxiety (Years 5–8)

Lisa Sugarman
In *Untying Parent Anxiety*, nationally syndicated humor columnist and author Lisa Sugarman reminds us that our kids aren't supposed to be perfect. (And neither are we.) And as soon as we embrace the idea that parenthood is not a straight line, we unlock everyone's full potential.

\$16.99 ISBN-13: 9781944822576
Trade Paper; 208 pages; 6 X 9



Mothering with Courage

Bonnie Compton
A detailed guidebook for your journey as a mother, complete with the latest understanding and tips for healthy parenting and motherhood. Practical, educational, and inspirational, the book provides self-reflective questions and guided journaling exercises for mothers, specifically related to aspects of their lives and mothering.

\$16.99 ISBN-13: 9781944822637
Trade Paper; 270 pages; 6 X 9



To Have and Not to Hold

Lorri Benson
Lorri Benson's memoir chronicles her decision to place her unborn daughter for adoption. Years later, Lorri did everything she could to find and connect with her. With accounts from the daughter, birthmother, and adoptive mother, *To Have and Not to Hold* shows how adoption shapes everyone involved.

\$16.95 ISBN-13: 9781942934813
Trade Paper; 192 pages; 6 X 9



Adopting Hope

Lorri Antosz Benson
From Lorri Antosz Benson, author of *To Have and Not to Hold*, this heartfelt compilation is ultimately a message of hope, love, and destiny as each family discovers that a child doesn't need to be blood to be truly yours. Includes essays from adoptees, birthparents, and adoptive parents.

\$16.99 ISBN-13: 9781641700368
Trade Paper; 224 pages; 6 X 9



Parenting for the Digital Age

Bill Ratner
Bill Ratner, a long-time Hollywood insider and voice of movie trailers, explores the change in advertising since 1982 and what children are currently exposed to. As a parent and veteran insider to the world of media, Ratner talks openly about the problems associated with excessive screen time, children's advertising, and what parents can do about it.

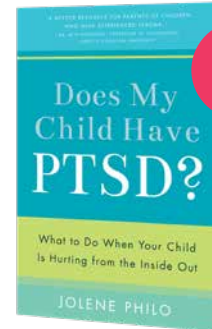
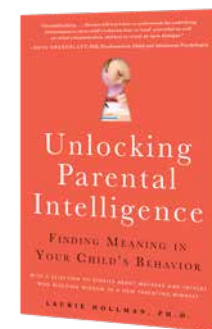
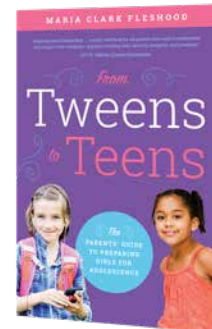
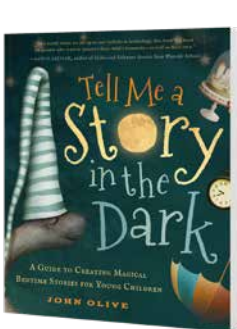
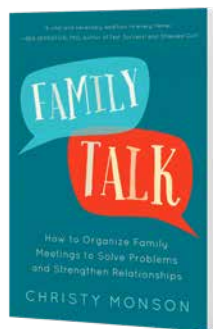
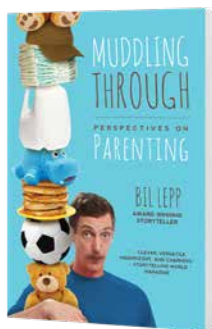
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Trade Paper; 190 pages; 6 X 9



The Power of Dadhood

Michael Byron Smith
The Power of Dadhood empowers fathers with the knowledge that they are vitally important. National speaker Michael Byron Smith discusses the implications of a fatherless home, the challenges of parenting, and the hierarchy of fathers. Any man can assess himself, see where he stands, and make choices to become a real Dad and find the power of Dadhood!

\$16.95 ISBN-13: 9781939629661
Trade Paper; 248 pages; 6 X 9



Family Ever After

Michelle H. Packard
Wife and mother of four Michelle Packard knows how crazy a family life can be and shares tips and tricks to not just appreciate the chaos but to appreciate and love those who can make your life the most difficult. While the idea of happy ever after is distorted, you can, in fact, achieve a Family Ever After.

\$14.95 ISBN-13: 9781938301384
Trade Paper; 194 pages; 6 X 9



Muddling Through

Bil Lepp
National storyteller and five-time champion of the West Virginia Liars' Contest Bil Lepp shares his perspective on parenting, from the insatiable and unanswerable questions children pose to the most meaningful traditions that draw a family together.

\$12.99 ISBN-13: 9781938301032
Trade Paper; 126 pages; 5 X 8



Family Talk

Christy Monson
Family councils are a great way to bring children and parents together in a positive environment where they can discuss and solve problems. In this book, Christy Monson outlines the benefits of family councils and the best ways to implement them in your own family.

\$16.95 ISBN-13: 9781938301797
Trade Paper; 210 pages; 6 X 9



Tell Me a Story in the Dark

John Olive
Tonight, don't read your child a story. Instead, dim the light, lie down, and create storytelling magic. Weave a spell that will enchant your child. . . . Written by an award-winning playwright, *Tell Me a Story in the Dark* provides you with every tool you need to tell great and entertaining stories.

\$18.95 ISBN-13: 9781939629586
Trade Paper; 300 pages; 7.5 X 9.25



Has Hollywood Lost Its Mind?

Chris Hicks
Thirty-year movie reviewer veteran Chris Hicks explores the history of the movie rating system and the inconsistency in the ratings and shares advice on how to make better choices in your family's movie entertainment.

\$17.95 ISBN-13: 9781938301193
Trade Paper; 258 pages; 6 X 9



From Tweens to Teens

Maria Clark Fleshood
In this groundbreaking guide, psychotherapist and educator Maria Clark Fleshood encourages parents to revive global traditions to mark preadolescence (ages 8 to 13) with rituals and celebrations that guide young women through these years of self-discovery.

\$14.95 ISBN-13: 9781942934561
Trade Paper; 166 pages; 6 X 9



Unlocking Parental Intelligence

Laurie Hollman, PhD
With extensive research and entertaining examples, Dr. Laurie Hollman provides five simple steps to help parents better understand the context of children's perplexing behavior and how to cultivate real change.

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Trade Paper; 254 pages; 6 X 9

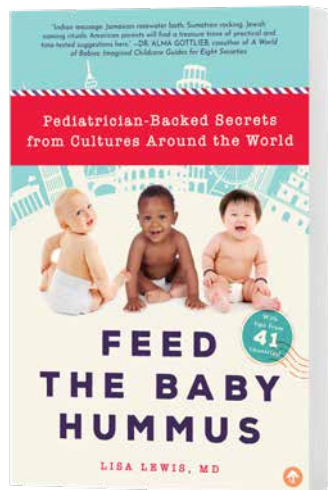


Does My Child Have PTSD?

Jolene Philo
When children experience medical illness, witness violence, or are abused, it can leave a lasting effect. *Does My Child Have PTSD?* is designed for readers looking for answers about the puzzling, disturbing behaviors of children in their care.

\$16.95 ISBN-13: 9781942934011
Trade Paper; 200 pages; 6 X 9





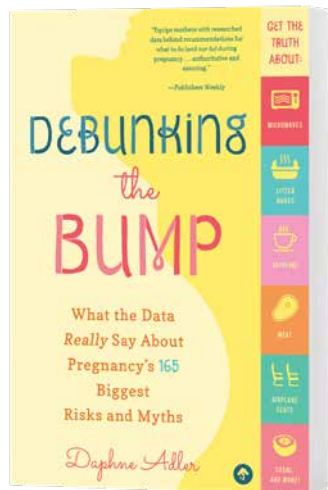
Feed the Baby Hummus

Lisa Lewis, MD
Pediatrician Lisa Lewis offers the wisdom and proven caretaking practices of the cultures of the world, drawn from her own training, research, travel, and clinical experience.

\$18.99 ISBN-13: 9781945547799
Trade Paper; 302 pages; 6 X 9



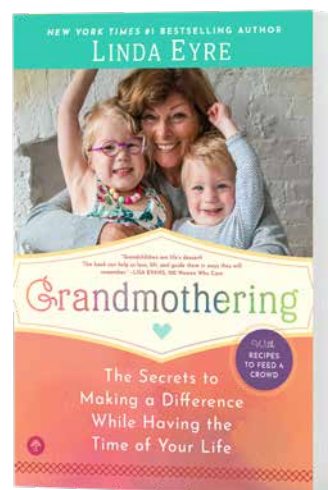
"A treasure trove of childcare tips, and a clever cross-cultural journey." —*Publishers Weekly*



Debunking the Bump

Daphne Adler
Mathematician Daphne Adler wades through the research to reveal which factors are truly threats to a healthy pregnancy and which are simply red herrings or old wives' tales. From cheese to sex to saunas, *Debunking the Bump* sheds light on everything expectant mothers need to know to avoid the real risks without skipping the sushi.

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Trade Paper; 352 pages; 6 X 9



Grandmothering

Linda Eyre
New York Times #1 bestselling author and grandmother Linda Eyre shares her secret formula for teaching your grandchildren values, building meaningful connections with them, and giving them grit and resilience in a ever-changing world, plus an appendix of easy, delicious recipes to feed a crowd at your next family reunion.

\$18.99 ISBN-13: 9781945547904
Trade Paper; 356 pages; 6 X 9



101 Amazing Uses for Apple Cider Vinegar

Susan Branson

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101 Amazing Uses for Essential Oils

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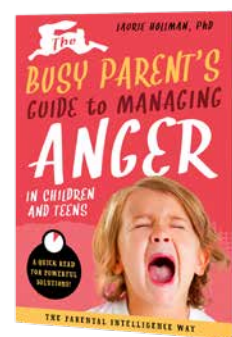
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101 Amazing Uses for Garlic

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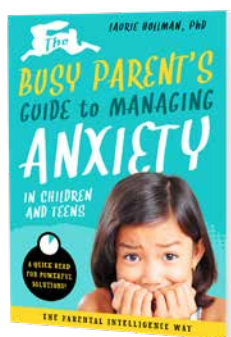
\$12.99 ISBN-13: 9781945547911
Trade Paper; 154 pages; 5.8 X 8.3



The Busy Parent's Guide to Managing Anger in Children and Teens: The Parental Intelligence Way

Laurie Hollman
At just 112 pages, *The Busy Parent's Guide to Managing Anger in Children and Teens: The Parental Intelligence Way* provides a quick read when you need quick answers to helping your child struggling with anger.

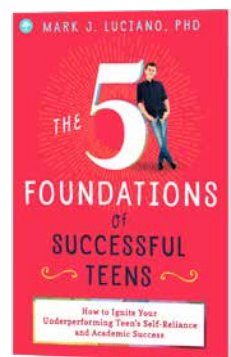
\$9.99 ISBN-13: 9781641700115
Trade Paper; 112 pages; 5 X 7



The Busy Parent's Guide to Managing Anxiety in Children and Teens: The Parental Intelligence Way

Laurie Hollman
At just 112 pages, *The Busy Parent's Guide to Managing Anxiety in Children and Teens: The Parental Intelligence Way* provides a quick read when you need answers to helping your child struggling with anxiety.

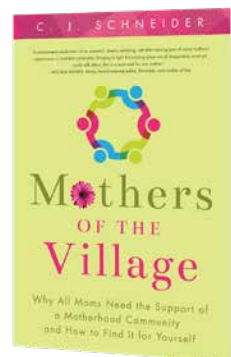
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Trade Paper; 112 pages; 5 X 7



The 5 Foundations of Successful Teens

Mark J. Luciano
Research has repeatedly shown that an alarming percentage of students achieve below their academic ability. Dr. Mark J. Luciano provides insights from his own family therapy practice and the latest research to help your teen discover newfound courage and independence.

\$16.99 ISBN-13: 9781641700375
Trade Paper; 224 pages; 6 X 9



Mothers of the Village

C. J. Schneider
The research is clear: since the beginning of womankind, mothering has been a communal effort. *Mothers of the Village* offers practical ideas on how to build meaningful and satisfying connections to create the essential community all mothers need.

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Trade Paper; 218 pages; 6 X 9



101 Amazing Uses for Ginger

Susan Branson

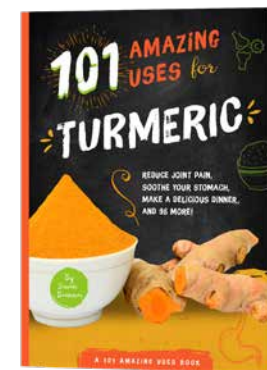
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Trade Paper; 136 pages; 5.8 X 8.3



101 Amazing Uses for Honey

Susan Branson

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Trade Paper; 144 pages; 5.8 X 8.3



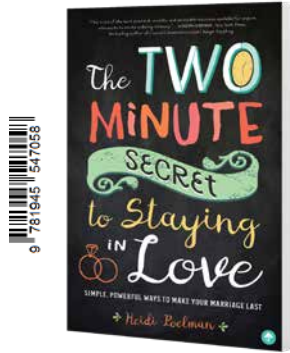
101 Amazing Uses for Turmeric

Susan Branson

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Trade Paper; 156 pages; 5.8 X 8.3



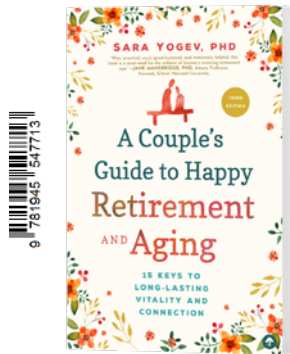
Susan Branson earned an undergraduate degree in biology from St. Francis Xavier University then an MSc in toxicology from the University of Ottawa. From there, she worked in research: in the field, in the lab, as a writer, and as an administrator. She is now a holistic nutritional consultant and a member of CSNN's Alumni Association, Canada's leading holistic nutrition school.



The Two-Minute Secret to Staying in Love

Heidi Poelman
The Two-Minute Secret to Staying in Love explores the little things couples think, say, and do to stay in love for the long haul.

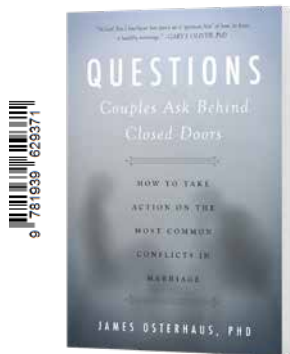
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A Couple's Guide to Happy Retirement

Sara Yogev, PhD
A Couple's Guide to Happy Retirement is the most comprehensive book devoted entirely to relationship issues in retirement.

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Questions Couples Ask Behind Closed Doors

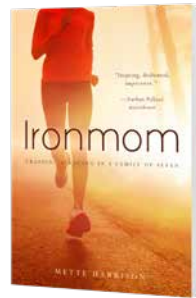
James Osterhaus
 \$18.95 ISBN-13: 9781939629371
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Becoming Free

Christy Monson
Becoming Free is a step-by-step guide to help women live a rich, abundant life.

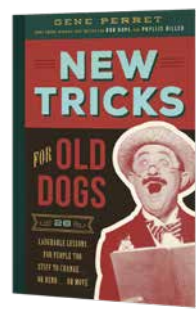
\$17.95 ISBN-13: 9781938301841
 Trade Paper; 280 pages; 6 X 9



Ironmom

Mette Harrison

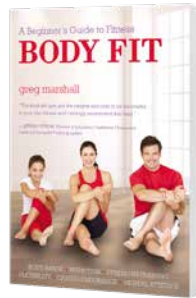
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 Trade Paper; 216 pages; 6 X 9



New Tricks for Old Dogs

Gene Perret
 Sage advice (and gags) for those entering their senior years.

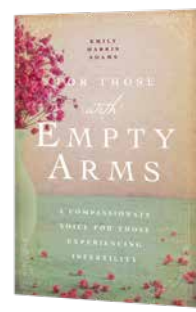
\$16.95 ISBN-13: 9781942934462
 Trade Paper; 240 pages; 5 X 8



Body Fit

Greg Marshall

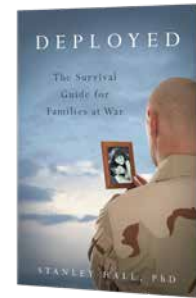
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 Trade Paper; 240 pages; 6 X 9



For Those with Empty Arms

Emily Harris Adams
 A beautiful collection of poems and essays on infertility.

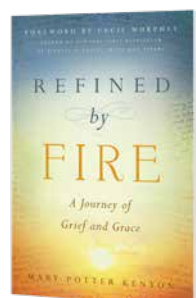
\$16.95 ISBN-13: 9781939629609
 Trade Paper; 262 pages; 5 X 8



Deployed

Stanley Hall, PhD

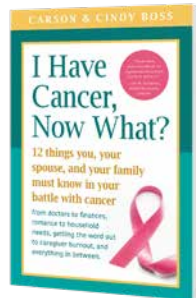
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Refined by Fire

Mary Potter Kenyon

\$16.95 ISBN-13: 9781939629340
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I Have Cancer, Now What?

Carson and Cindy Boss

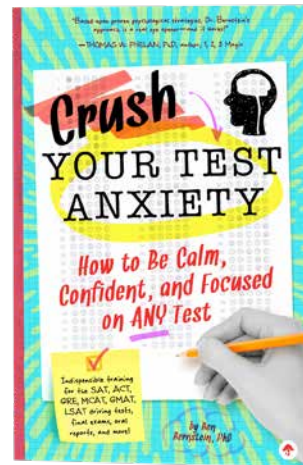
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 Trade Paper; 156 pages; 6 X 9



The Family Guide to Aging Parents

Carolynn Rosenblatt

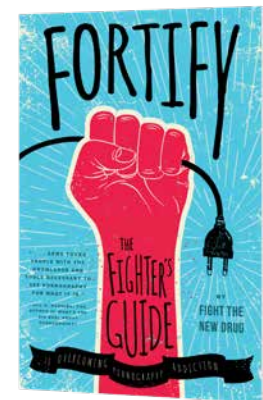
\$18.95 ISBN-13: 9781939629579
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Crush Your Test Anxiety

Dr. Ben Bernstein
 Based on 50 years of teaching experience and 30 years of clinical psychology experience, *Crush Your Test Anxiety* distills the best practices used by elite athletes, artists, and top business performers to create a system that can be applied to any test for higher performance.

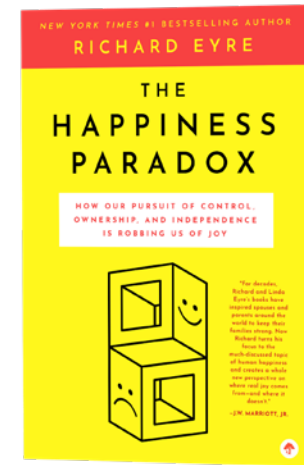
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Fortify

Fight the New Drug
 With tens of thousands of individuals addicted to pornography, *Fortify: The Fighter's Guide to Overcoming Pornography Addiction* is the most complete and tested program to help teens and young adults overcome the addiction and create habits that will enable them to be successful in life. Includes pages of week-by-week Battle Plans.

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 Trade Paper; 290 pages; 6 X 9



The Happiness Paradox

Richard Eyre
New York Times #1 bestselling author Richard Eyre contends that the three things today's society desires the most—control, ownership, and independence—are, paradoxically, the three things that bring the most challenges and unhappiness in our lives.

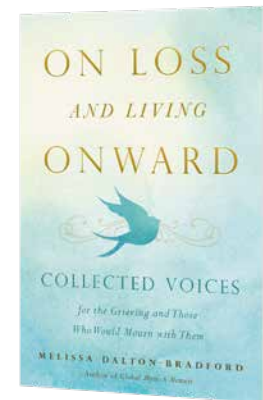
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 Trade Paper; 196 pages; 6 X 9



Expressive Writing for Healing

Mary Potter Kenyon
 Mary Potter Kenyon's new guided journal offers readers an opportunity to reflect on the meaning and significance of loss and allows the griever to sort through all the conflicting emotions that arise after a death.

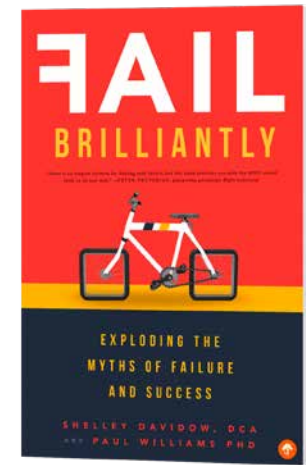
\$16.99 ISBN-13: 9781945547447
 Trade Paper; 196 pages; 6 X 9



On Loss and Living Onward

Melissa Dalton-Bradford
 After experiencing the loss of her firstborn son, Melissa Dalton-Bradford thrust herself into literature searching for those who have experienced similar, devastating loss. *On Loss and Living Onward* compiles the best resources to guide the living through the process of grief.

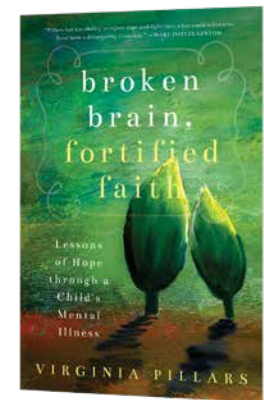
\$17.95 ISBN-13: 9781938301926
 Trade Paper; 280 pages; 6 X 9



Fail Brilliantly

Shelley Davidow and Paul Williams
Fail Brilliantly proposes a radical shift: erase the word and concept of *failure* from the realms of education and human endeavors. Replace it with new words and concepts. This shift in position has the potential to transform our lives and ultimately reshape our definition of *success*.

\$18.99 ISBN-13: 9781945547256
 Trade Paper; 192 pages; 6 X 9

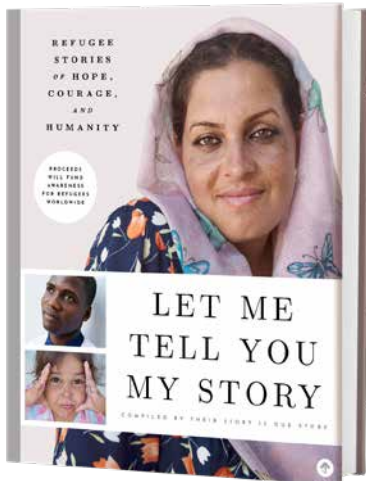


Broken Brain, Fortified Faith

Virginia Pillars
Broken Brain, Fortified Faith shares one mother's struggle as she charges into the world of mental illness, searching for answers to her daughter's schizophrenia. Along the way, Virginia Pillars learns to rely on her faith as she faces the challenges that often accompany mental illness.

\$18.95 ISBN-13: 9781942934745
 Trade Paper; 290 pages; 6 X 9

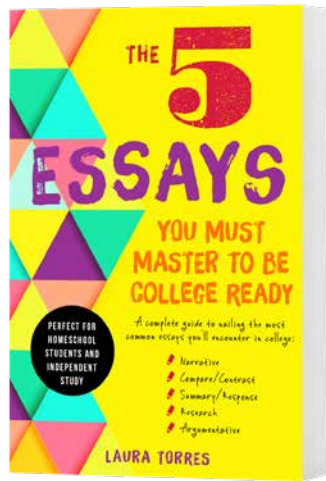




Let Me Tell You My Story

Their Story Is Our Story
Spare, haunting, utterly magnificent, and profoundly human, the refugee stories inside this remarkable volume of exquisite photography will teach you that the surest way to draw humans together begins with the words “I want to tell you my story . . .”

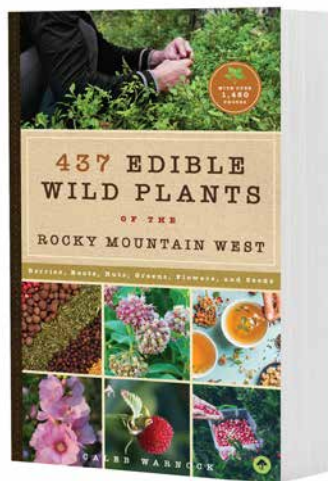
\$34.99 ISBN-13: 9781641700498
Paper over board with three-piece binding; 232 pages; 8 X 10



The 5 Essays You Must Master to Be College Ready

Laura Torres
The 5 Essays You Must Master to Be College Ready includes lessons, tips, and organizational guides for writing clear and compelling essays. Torres walks students through the complete writing process (with provided grading rubrics).

\$16.99 ISBN-13: 9781945547188
Trade Paper; 224 pages; 6 X 9



437 Edible Wild Plants of the Rocky Mountain West

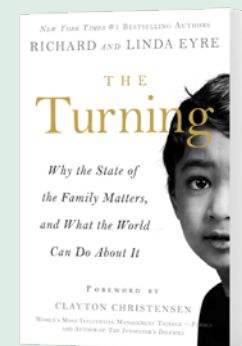
Caleb Warnock
Aides for writing clear and compelling essays. Torres walks students through the complete writing process, from outlining to revising and ultimately evaluating their work (with provided grading rubrics).

\$27.99 ISBN-13: 9781945547836
Flexicover; Full-color interior with over 1,450 photographs; 224 pages; 5.3 X 8.8



From *New York Times* #1 Bestselling Authors Richard and Linda Eyre

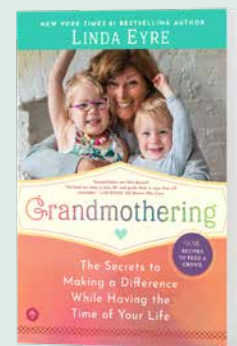
Richard and Linda Eyre are *New York Times* #1 bestselling authors whose writing career has spanned four decades and whose books have sold in the millions. They have appeared on virtually all major national talk shows including *Oprah* and *Today*. They write a syndicated weekly newspaper column and currently spend most of their time traveling and speaking to audiences throughout the world on families, parenting, and life-balance.



The Turning

Richard and Linda Eyre
In one of their most important books to date, Richard and Linda Eyre examine the connections between the world's mounting social problems and the breakdown of families.

\$18.95 ISBN-13: 9781939629265
Trade Paper; 366 pages; 6 X 9



Grandmothering

Linda Eyre
Linda shares her secret formula for teaching your grandchildren values, building meaningful connections with them, and giving them grit and resilience, plus an appendix of easy recipes to feed a crowd.

\$18.99 ISBN-13: 9781945547904
Trade Paper; 365 pages; 6 X 9



Being a Proactive Grandfather

Richard Eyre
Being a grandfather is one of the most celebrated responsibilities a person can have. But what kind of grandfather will you be and what level of commitment will you provide for your grandchildren?

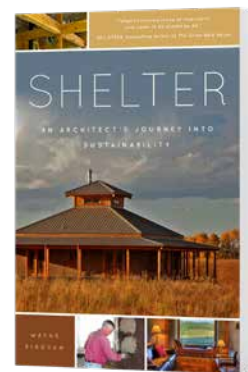
\$14.99 ISBN-13: 9781945547270
Trade Paper; 160 pages; 5.83 X 8.27



The Happiness Paradox

Richard Eyre
Richard Eyre contends that the three things today's society desires the most—control, ownership, and independence—are, paradoxically, the three things that bring the most challenges and unhappiness in our lives.

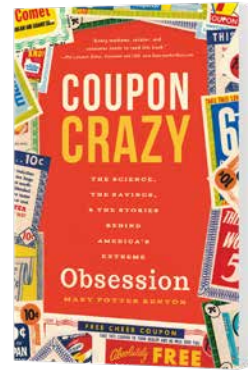
\$16.99 ISBN-13: 9781641700535
Trade Paper; 192 pages; 6 X 9



Shelter

Wayne Bingham
After being trained and practicing conventional glass, steel, and concrete architecture for thirty years, an award-winning architect discovers the concept of sustainable living and embarks on a journey that ends with his own strawbale home at the foot of the Grand Tetons.

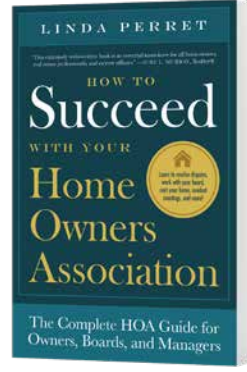
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Trade Paper; 198 pages; 5 X 8



Coupon Crazy

Mary Potter Kenyon
Coupon Crazy examines the phenomena of coupon use and the sociocultural and socioeconomic factors that construct it from the viewpoint of Mary Potter Kenyon, a 30-year veteran in the extreme sport of couponing. Also includes couponing tips for aspiring couponers.

\$16.95 ISBN-13: 9781938301889
Trade Paper; 250 pages; 6 X 9



How to Succeed with Your HOA

Linda Perret
How to Succeed with Your Home Owners Association is the handbook to help new homeowners transition into peaceful community living. This comprehensive guide explains the ins and outs of an HOA, from the structure and responsibilities to resolving disputes.

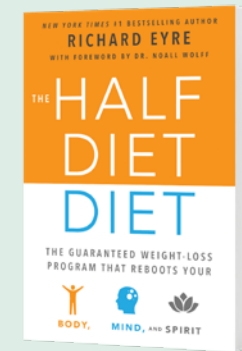
\$19.95 ISBN-13: 9781942934486
Trade Paper; 198 pages; 6 X 9



The 7 Wonders of Olive Oil

Alice Alech and Cécile Le Galliard
With detailed research from doctors and nutritionists around the globe, *The 7 Wonders of Olive Oil* reveals seven amazing health benefits of olive oil, the role olive oil plays in the Mediterranean diet, and tips for cooking with, buying, and storing the green nectar.

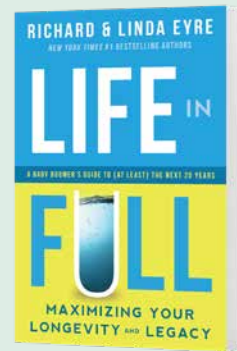
\$16.95 ISBN-13: 9781942934738
Trade Paper; 176 pages; 6 X 9



The Half-Diet Diet

Richard Eyre, foreword by Dr. Noall Wolff
The weight-loss solution? Eat half. Too easy? No! But worthwhile. Richard provides the program to accomplish your weight-loss goals by taming your physical, mental, and spiritual appetites.

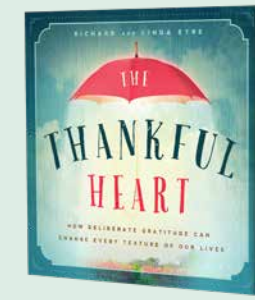
\$16.95 ISBN-13: 9781942934134
Trade Paper; 226 pages; 6 X 9



Life in Full

Richard and Linda Eyre
Eighty million Baby Boomers are now in or approaching their sixties. Creating a proactive plan for the next twenty years is both possible and practical, and *Life in Full* is the template!

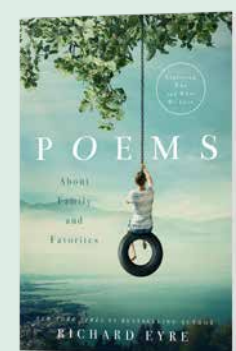
\$18.95 ISBN-13: 9781942672937
Trade Paper; 322 pages; 6 X 9



The Thankful Heart

Richard and Linda Eyre
In this beautifully illustrated book, we find the opportunity to consciously feel gratitude. Includes actionable ideas for every month plus striking color photography.

\$24.95 ISBN-13: 9781939629401
Hardcover with jacket; Full-color, fully illustrated interior; 116 pages; 9 X 9



Poems

Richard Eyre
While writing prose has basically become Richard's profession, writing poetry has always been his love. Here, for the first time in published form, he shares some of his poetic efforts about the people and things we love.

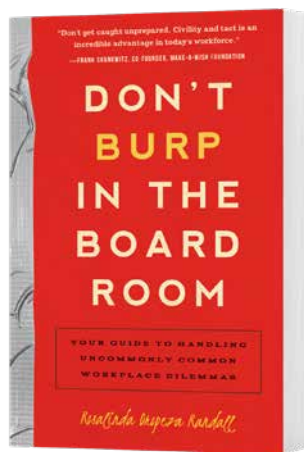
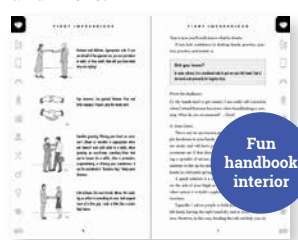
\$16.99 ISBN-13: 9781945547294
Trade Paper; 192 pages; 6 X 9





Meet Rosalinda Oropeza Randall

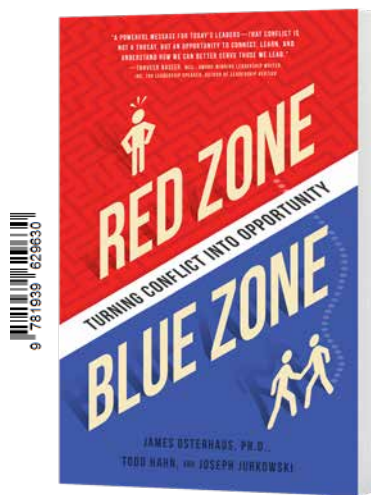
Rosalinda Oropeza Randall is a modern-day pundit on tact and civility. Her tips have been featured on television and in numerous publications, including *Forbes*, *Glamour*, *The Business Journals*, *Business News Daily*, and more.



Don't Burp in the Boardroom

Rosalinda Oropeza Randall
With her sometimes sassy and playful answers, Rosalinda Randall shows how easy it is to build a sparkling professional reputation by knowing how to handle workplace dilemmas. Includes quizzes, hilarious anecdotes, Q&A, illustrations, and inside tabs for handy reference.

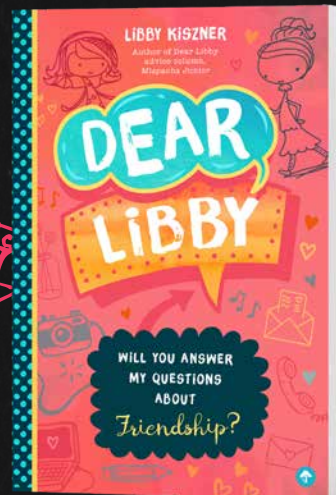
\$18.95 ISBN-13: 9781939629357
Trade Paper; 378 pages; 5 X 8; illustrations throughout



Red Zone, Blue Zone

James Osterhaus, Joseph Jurkowski, and Todd Hahn
Red Zone, Blue Zone provides key concepts on how personal and organizational conflict are foundational opportunities that, when navigated skillfully, lead to personal growth and organizational health. A key book for business leaders.

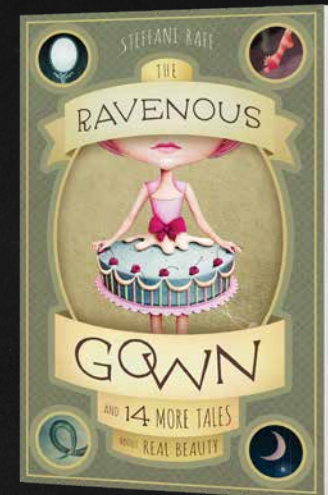
\$15.95 ISBN-13: 9781939629630
Trade Paper; 166 pages; 5.5 X 8.5



Dear Libby

Libby Kiszner
In *Dear Libby*, trusted columnist Libby Kiszner answers real questions from real teens about friendship. The book includes tips, activities, and teaching strategies.

\$16.99 ISBN-13: 9781641700184
Trade Paper; 224 pages; 6 X 9



The Ravenous Gown

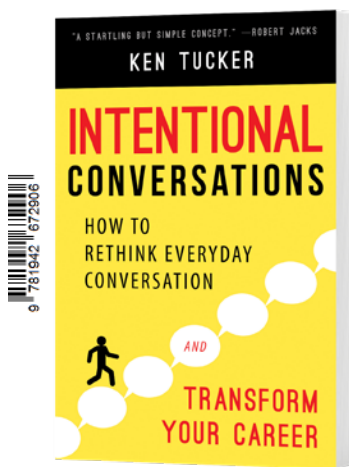
Steffani Raff
In a world obsessed with outward appearances, *The Ravenous Gown* inspires women of all ages to discover the power within.

\$15.95 ISBN-13: 9781939629593
Trade Paper; 196 pages; 5 X 8



“SOMEWHERE INSIDE YOU THERE IS A SEED PACKET WITH YOUR PICTURE ON IT, A PICTURE OF THE FULLY REALIZED YOU.”

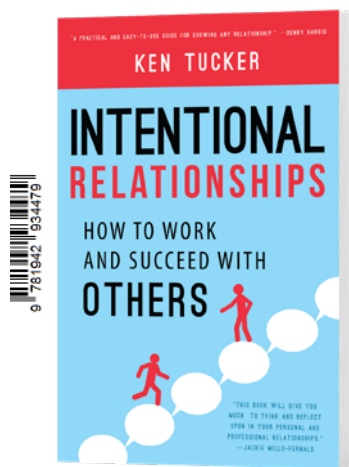
—*Stressed Out! For Teens*



Intentional Conversations

Ken Tucker
Using six steps and a “SECRET” formula, international speaker and Fortune 500 strategist Ken Tucker provides a practical and easy-to-use process for turning normal, everyday workplace conversations into career-enhancing and life-transforming opportunities.

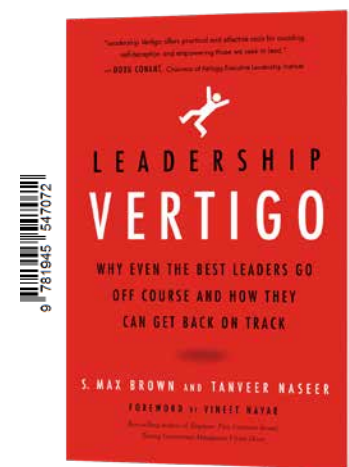
\$16.95 ISBN-13: 9781942672906
Trade Paper; 156 pages; 6 X 9



Intentional Relationships

Ken Tucker
Every day, our actions are structured by our relationships. How can we make important relationships stronger? And how can we avoid unhealthy relationships? From Fortune 500 consultant Ken Tucker, *Intentional Relationships* answers these questions and more in a surprising, life-changing, and career-enhancing way.

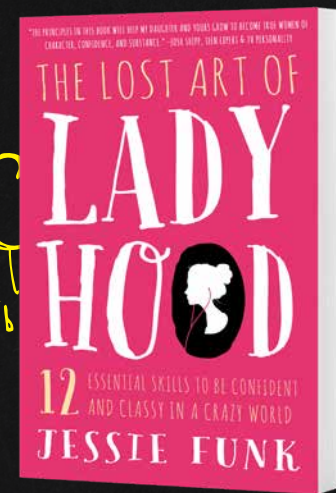
\$16.95 ISBN-13: 9781942934479
Trade Paper; 172 pages; 6 X 9



Leadership Vertigo

S. Max Brown and Tanveer Naseer
When your brain sends you false signals that everything in your organization is okay when it is not, we call this phenomenon Leadership Vertigo. *Leadership Vertigo* will help you to understand how you can counter these bouts of self-deception by employing four Leadership Landmarks—Community, Competence, Credibility, and Compassion—to get your team back on course.

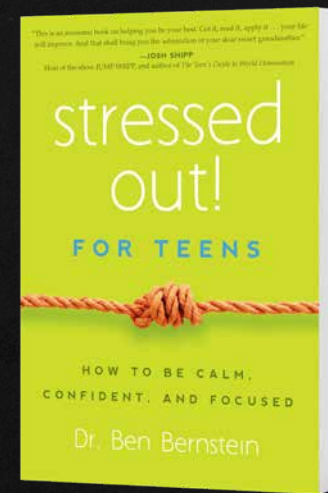
\$14.95 ISBN-13: 9781945547072
Trade Paper; 154 pages; 5.5 X 8.5



The Lost Art of Ladyhood

Jessie Funk
Happiness does not come from revealing all your skin or going clubbing every weekend where you get so drunk you don't remember who you kissed. Happiness comes from living a life of character. *The Lost Art of Ladyhood* is a road map for young women to navigate their way to confidence and class. Includes QR codes to videos from Jessie.

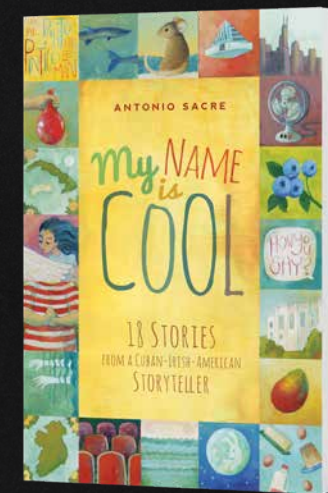
\$18.95 ISBN-13: 9781939629395
Trade Paper; 302 pages; 5 X 8



Stressed Out! For Teens

Ben Bernstein, PhD
In this new book by Dr. Ben Bernstein, author of *Test Success*, Dr. Bernstein (Dr. B.) uncovers the key principles for success, whether in academics, sports, music, family life, work, or life in general. Dr. Bernstein teaches how teenagers can harness their potential, manage their stress, and achieve their highest objectives.

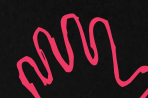
\$18.95 ISBN-13: 9781939629388
Trade Paper; 270 pages; 6 X 9

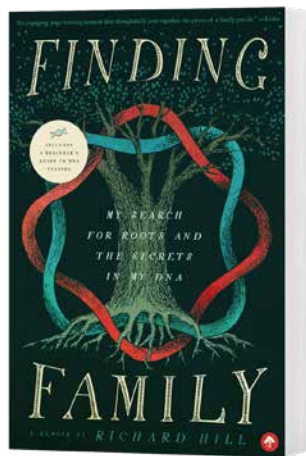


My Name is Cool

Antonio Sacre
Using his own personal history and telling the stories that audiences across the nation have found so captivating, award-winning storyteller and author Antonio Sacre weaves the Spanish language, Cuban and Mexican customs, and Irish humor into an unforgettable book of humor and inspiration for teens across all cultural boundaries.

\$12.95 ISBN-13: 9781938301568
Trade Paper; 170 pages; 5 X 8

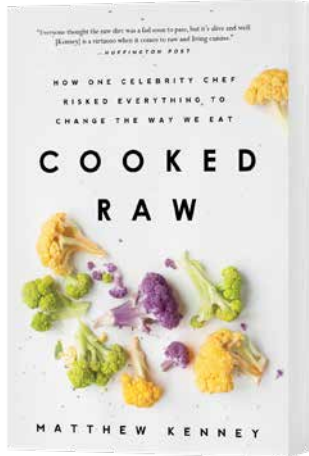




Finding Family

Richard Hill
Finding Family: My Search for Roots and the Secrets in My DNA is the highly suspenseful account of an adoptee trying to reclaim the biological family denied him by sealed birth records. This fascinating quest, including the author's landmark use of DNA testing, takes readers on an exhilarating roller-coaster ride and concludes with a twist that rivals anything Hollywood has to offer.

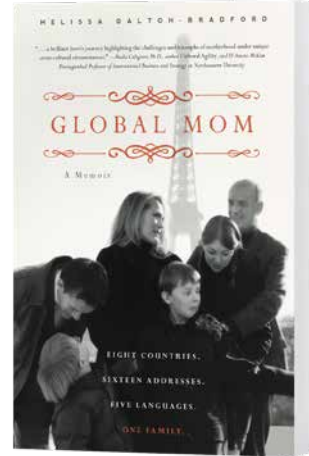
\$18.99 ISBN-13: 9781945547393
 Trade Paper; 304 pages; 6 X 9



Cooked Raw

Matthew Kenney
 An expansive, entertaining memoir that tells the story of how Matthew Kenney transitioned from a mainstream celebrity chef in New York to a pioneer of plant-based cuisine and his mission to change the way the world eats and thinks about food. *Cooked Raw* highlights a journey of courage, persistence, risk, the reward of following one's passion, and the future of food for the 21st century.

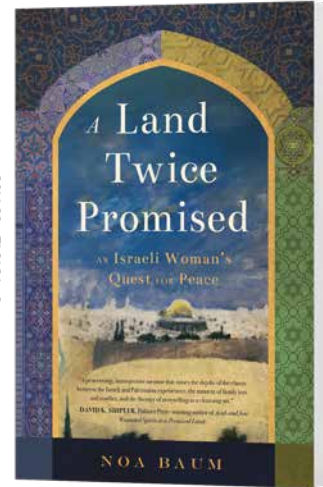
\$16.95 ISBN-13: 9781939629364
 Trade Paper; 242 pages; 6 X 9



Global Mom

Melissa Dalton-Bradford
 After more than twenty years living internationally—sixteen addresses, eight countries, and five different languages—writer Melissa Bradford shares a fantastic journey of motherhood that will inspire any family. Follow this family of six on their passage—extraordinary, hilarious, and heartbreakingly poignant—from bright lights (of New York City) to the Northern Lights (of Norway).

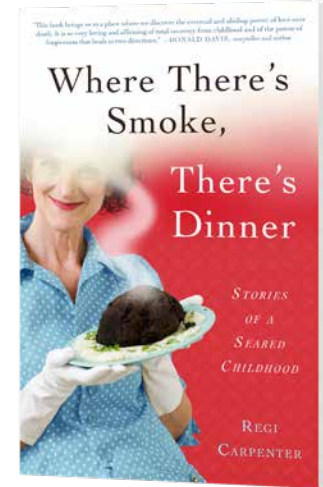
\$17.95 ISBN-13: 9781938301346
 Trade Paper; 322 pages; 6 X 9



A Land Twice Promised

Noa Baum
A Land Twice Promised delves into the heart of one of the world's most enduring and complex conflicts. Baum's deeply personal memoir recounts her journey from girlhood in post-Holocaust Israel to her adult encounter with "the other." With honesty, compassion, and humor, she captures the drama of a nation at war and her discovery of humanity in the enemy. Born and raised in Jerusalem, Noa Baum is an award-winning storyteller. She performs and teaches internationally with diverse audiences ranging from The World Bank, the US Defense Department, and prestigious universities and congregations to inner city schools and detention centers.

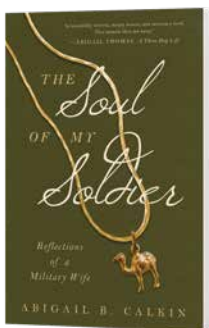
\$18.95 ISBN-13: 9781942934493 Trade Paper; 340 pages; 6 X 9



Where There's Smoke, There's Dinner

Regi Carpenter
 Family: comfort food or a recipe for disaster? Award-winning storyteller Regi Carpenter brings her trademark humor to print with tales of a family that pulsates with contradictions: religious and raucous, tender but terrible. These honest stories celebrate the glorious and gut-wrenching lives of four generations of Carpenters raised on the St. Lawrence River.

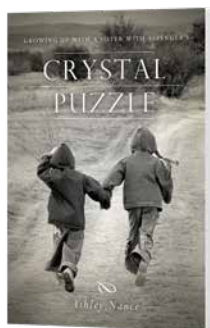
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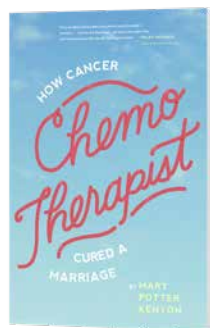
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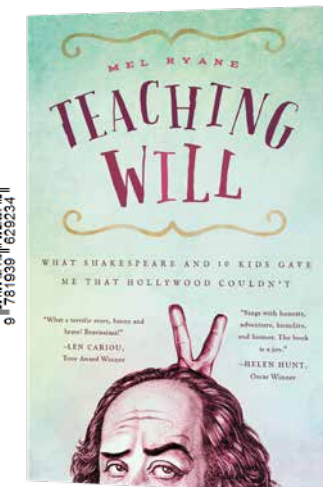
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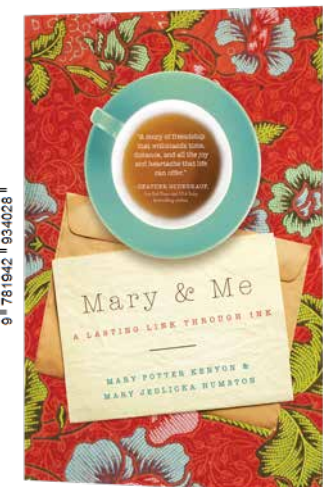
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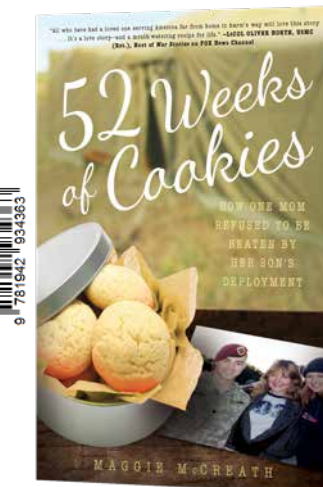
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Mary Potter Kenyon and Mary Jedlicka Humston
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Maggie McCreath
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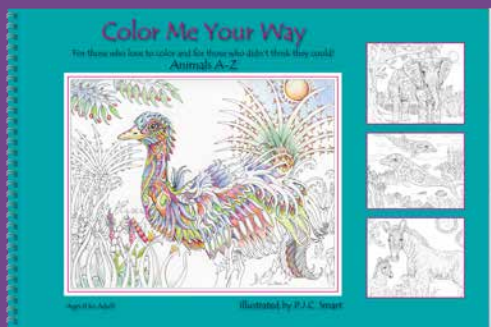


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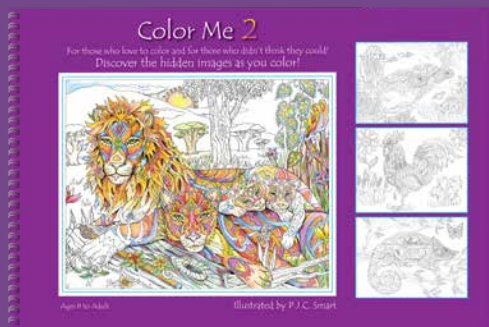


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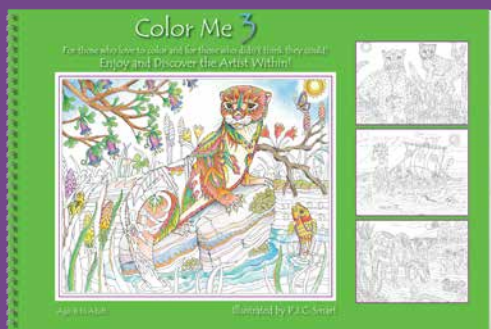
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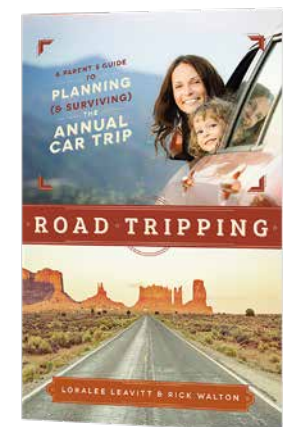


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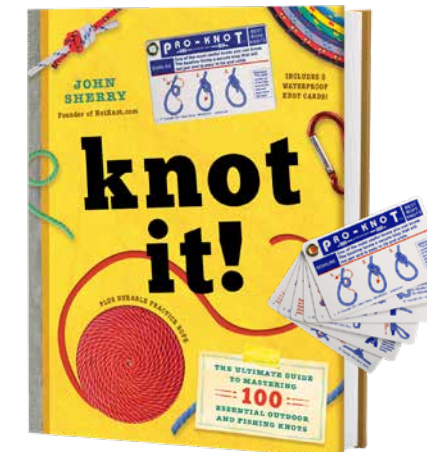


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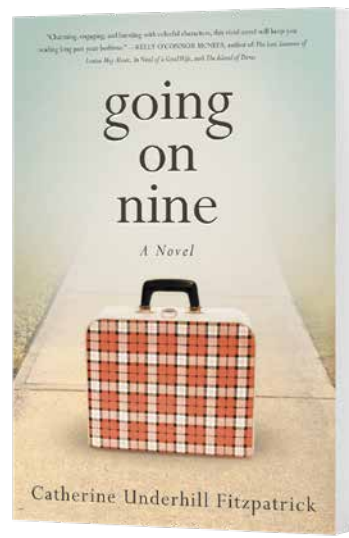
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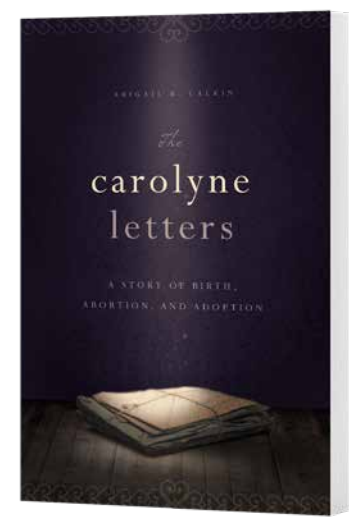
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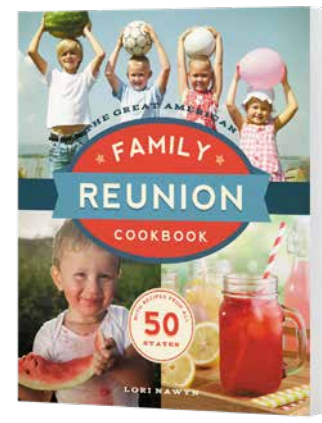
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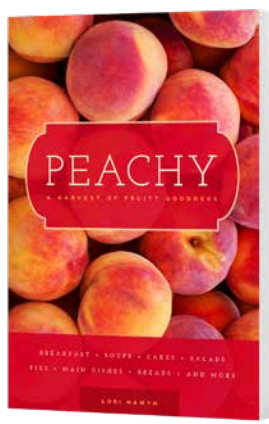
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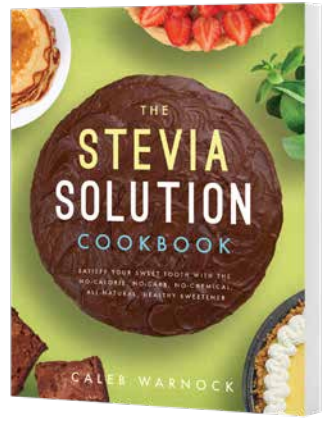
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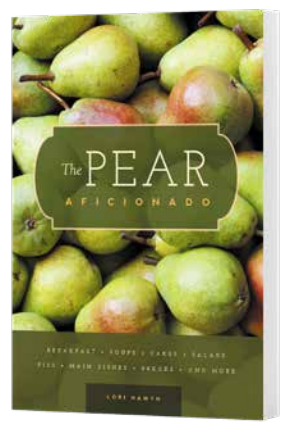
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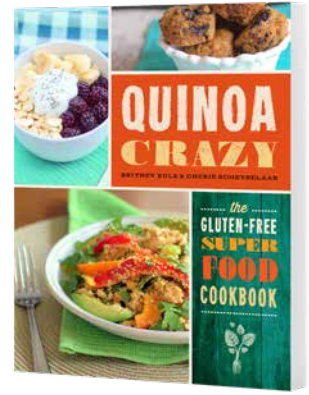
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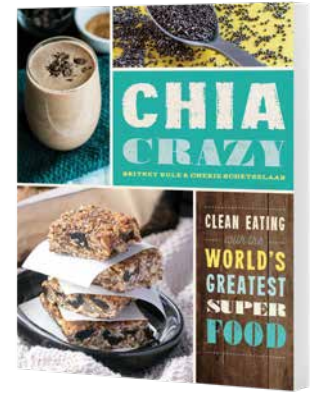
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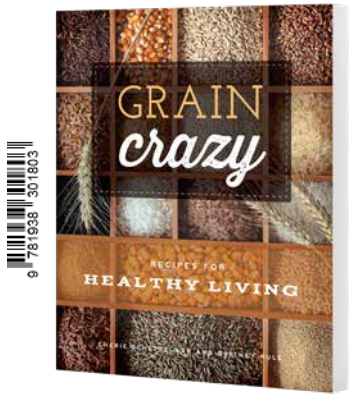
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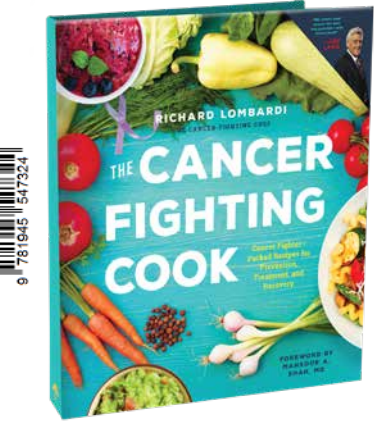
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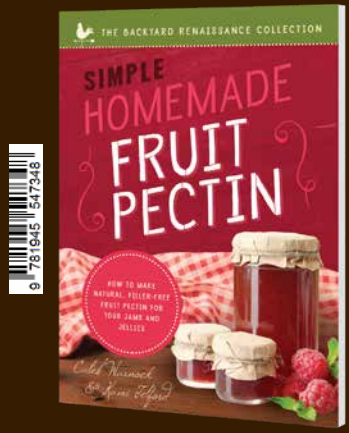
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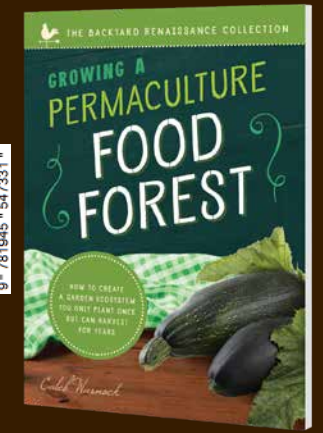


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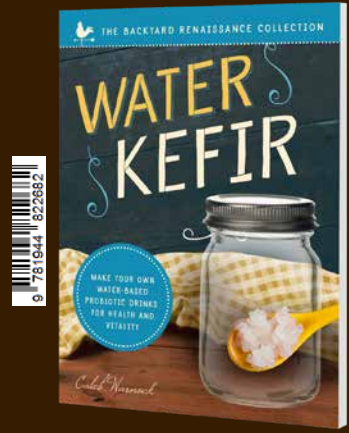
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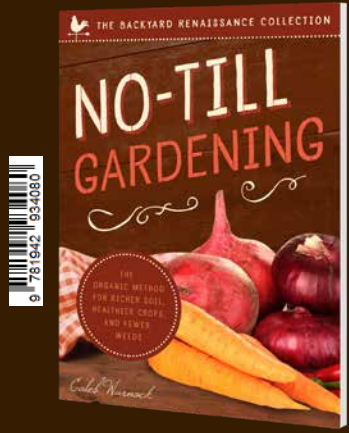
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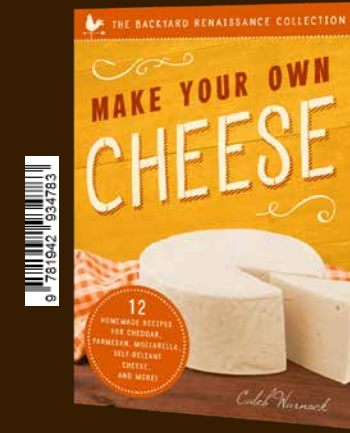
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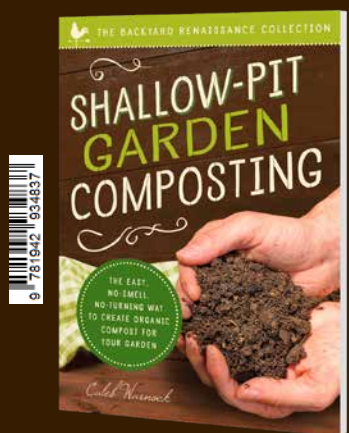
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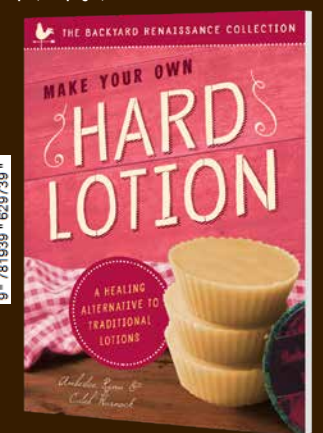
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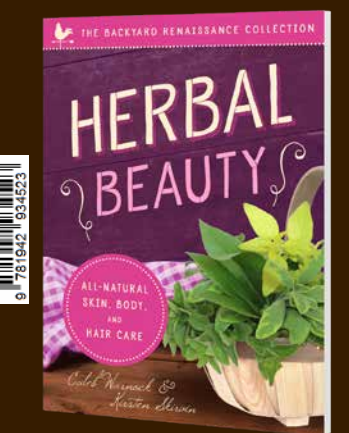
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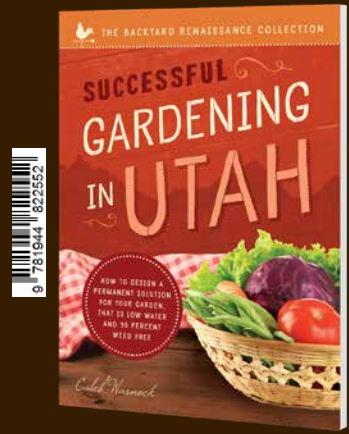
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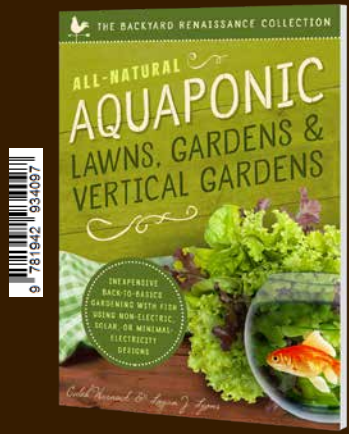
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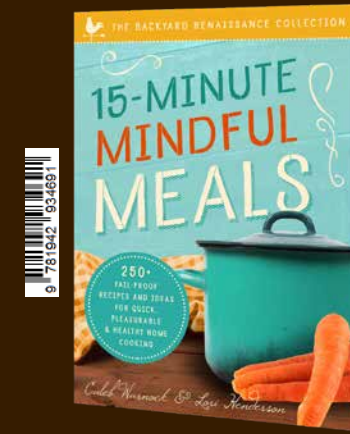
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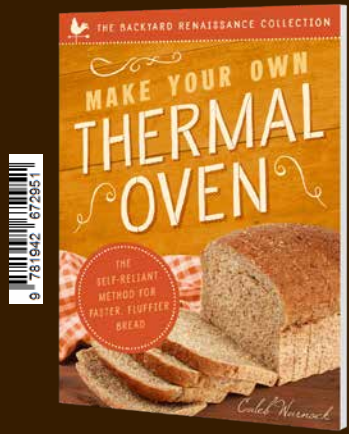
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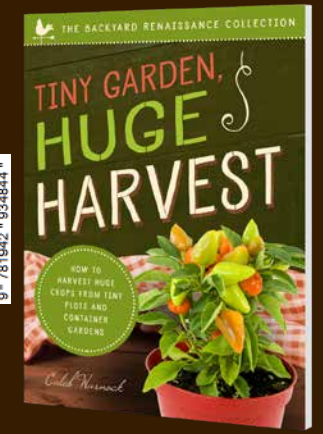
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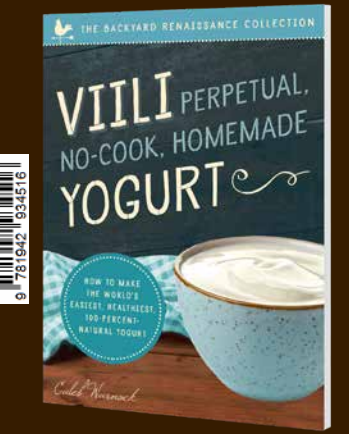
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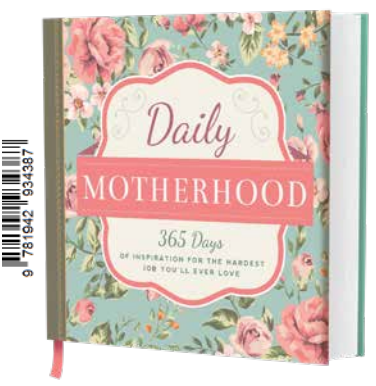
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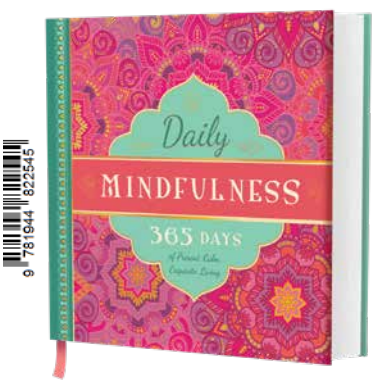
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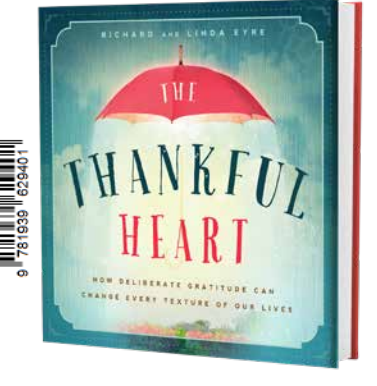
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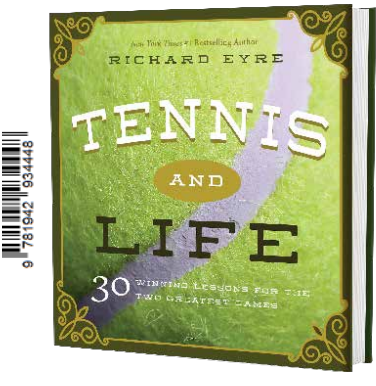
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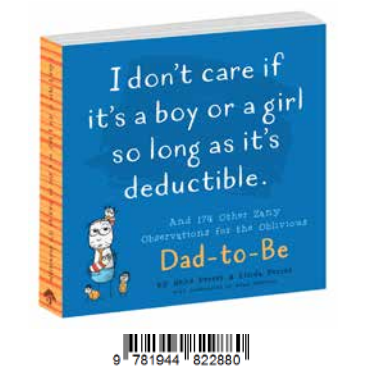
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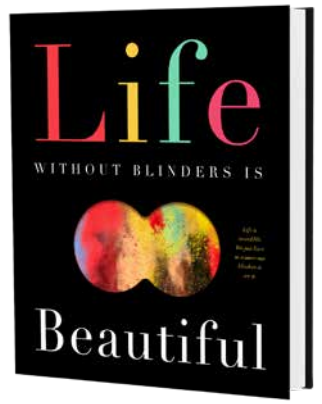
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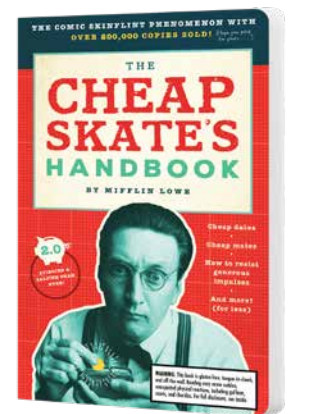
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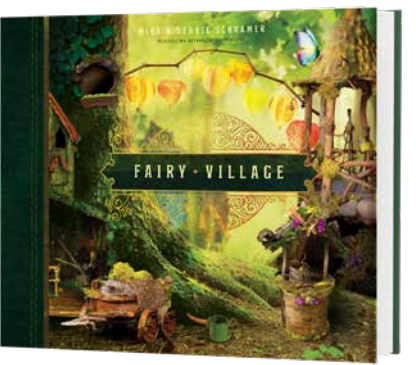
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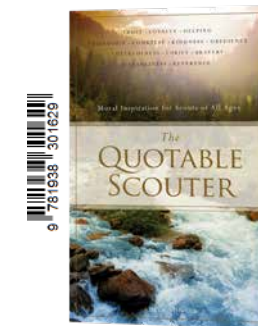
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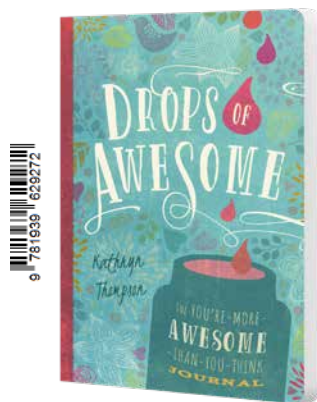
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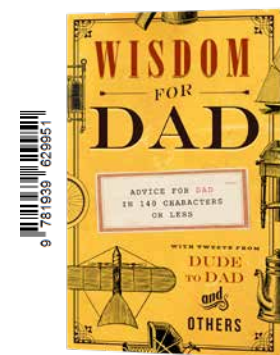
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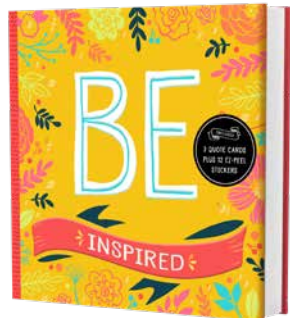
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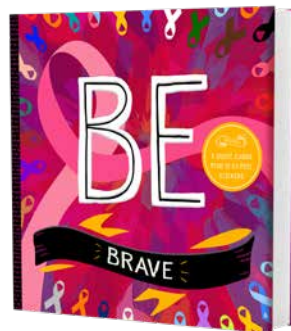
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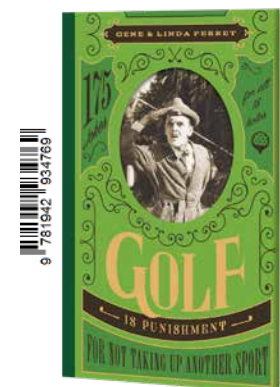
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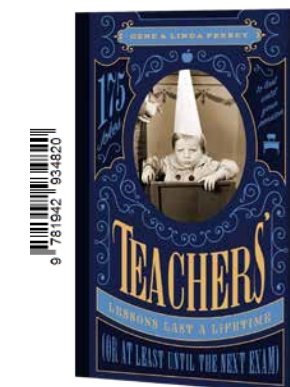
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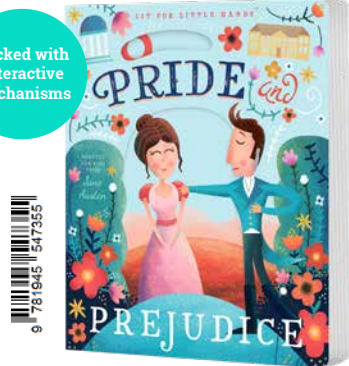


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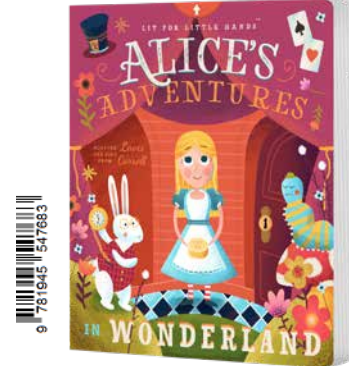
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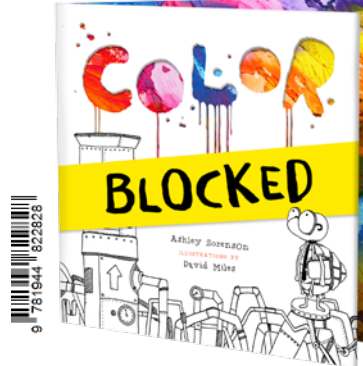
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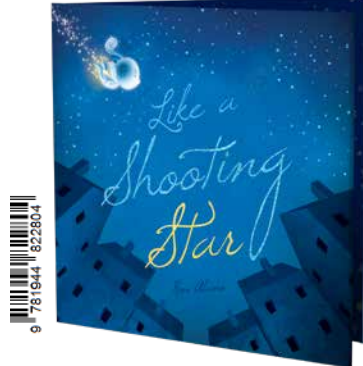
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Lewis Carroll, Brooke Jorden, David Miles
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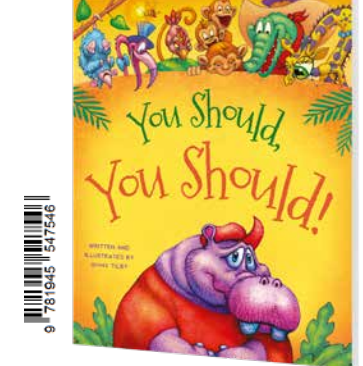
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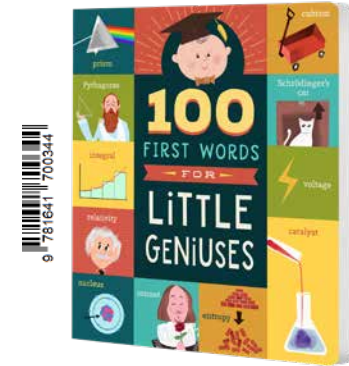
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Christen Farley, Stephanie Miles
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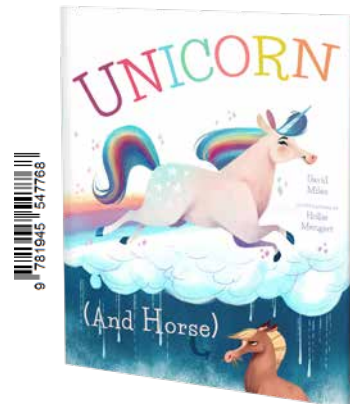
Unfolds into a 56" train!



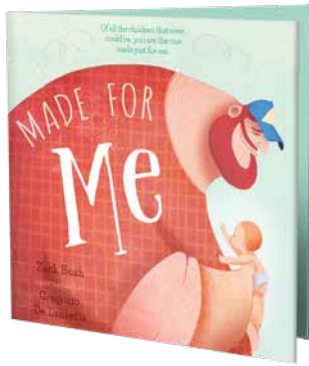
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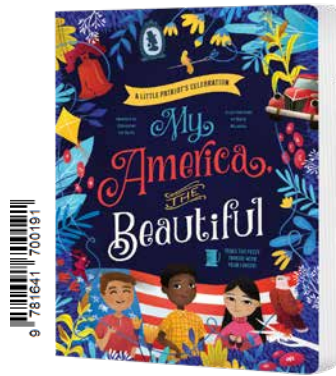
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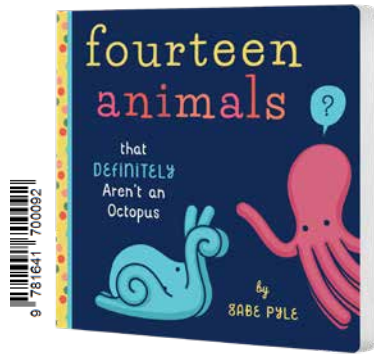
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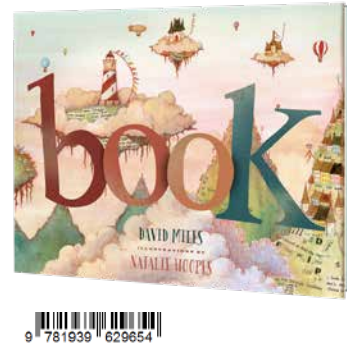
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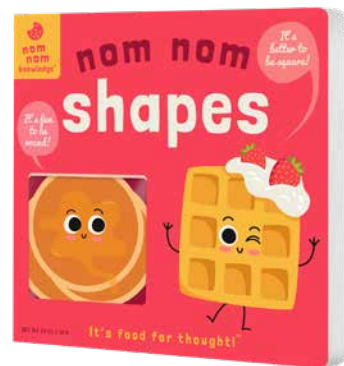


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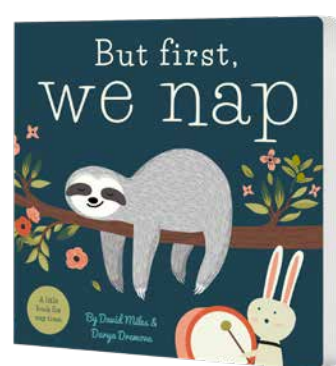
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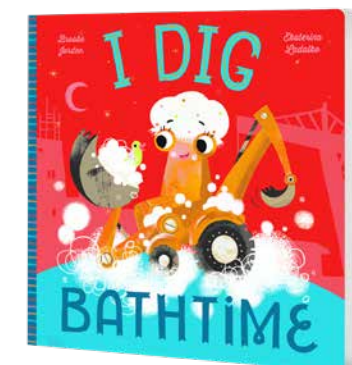
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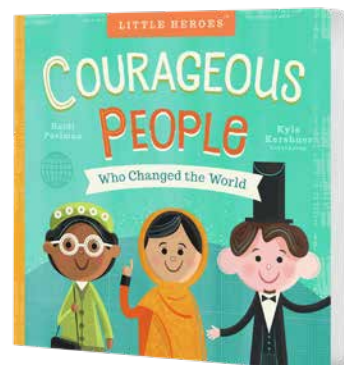
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Rino Alaimo

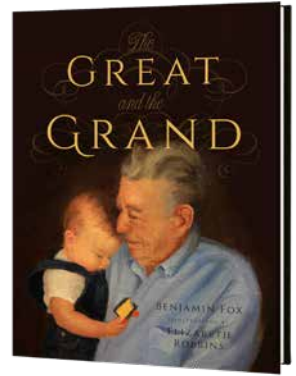
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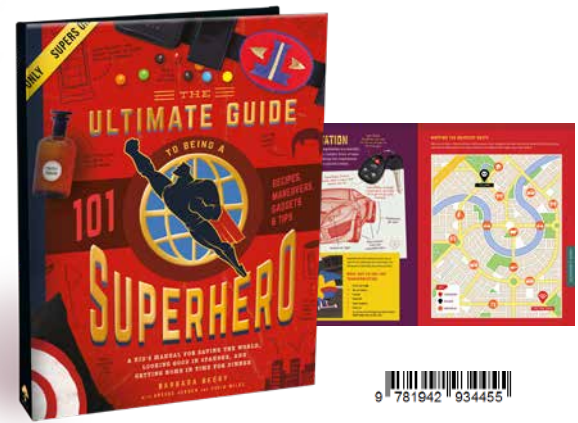
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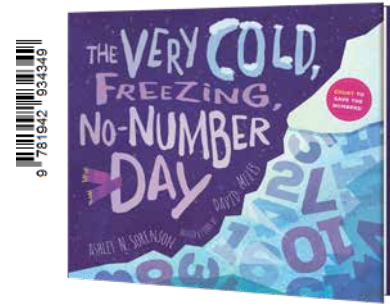
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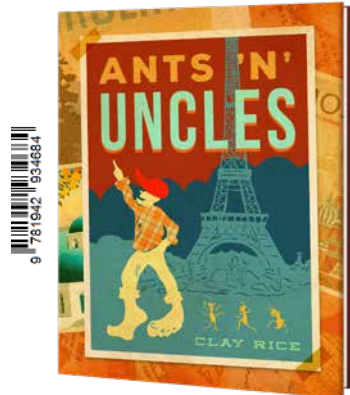
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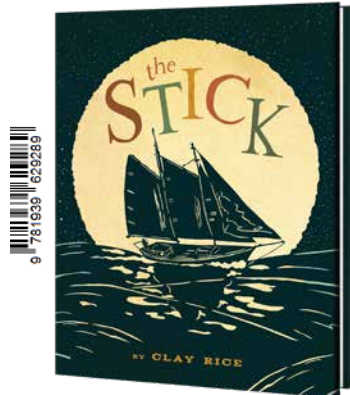
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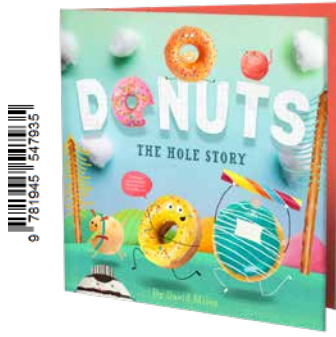
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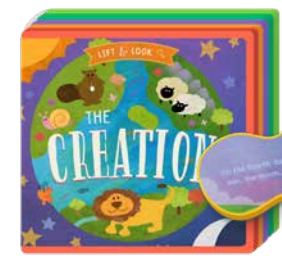
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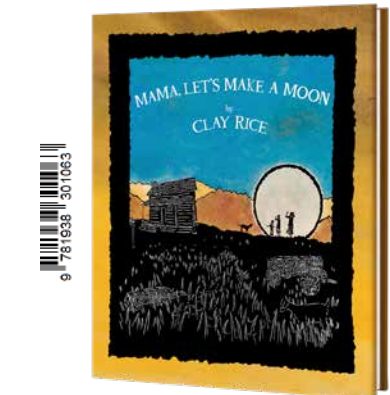


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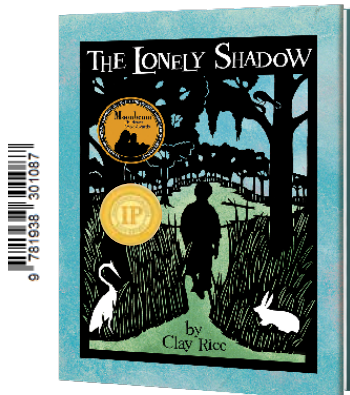
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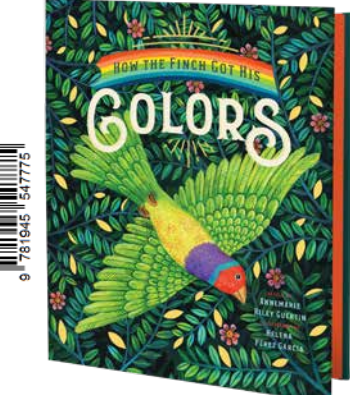
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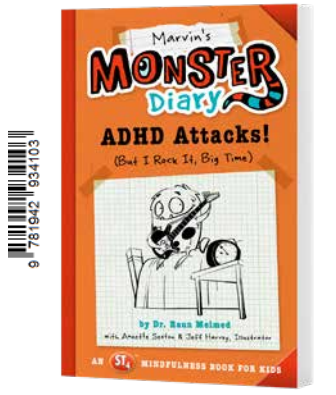
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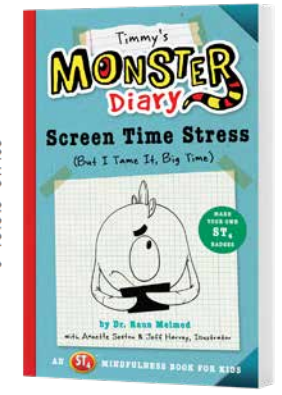
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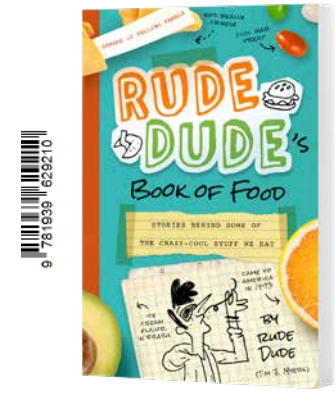
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Raun Melmed, Annette Sexton, Jeff Harvey

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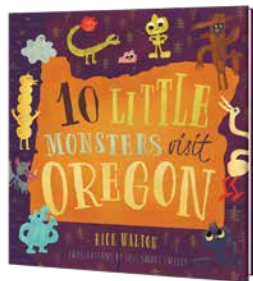
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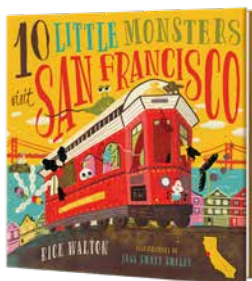
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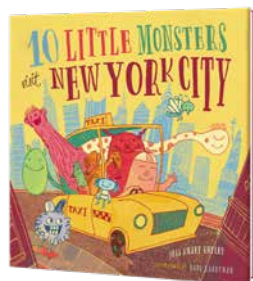
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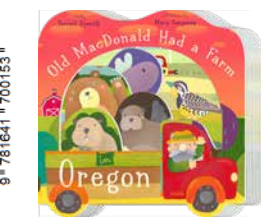


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Old MacDonald Had a Farm in Oregon

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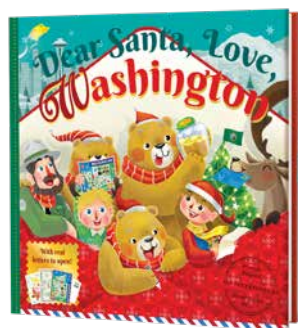


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Dear Santa

Santa is all ready to leave on Christmas Eve, but last-minute letters are arriving from each book's region! Each letter comes tucked in its own pocket envelope with other delightful extras like cards, money for toll roads, and maps!



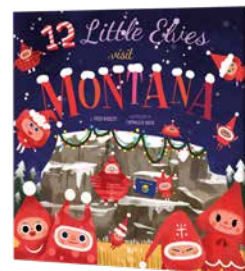
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Forrest Everett, Pham Quang Phuc

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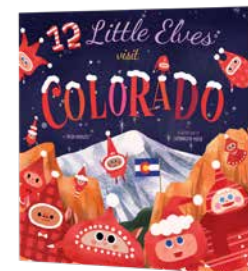
Twelve charming elves travel up and down each state to see who is still awake before Santa comes. Along the way, they visit state landmarks and curiosities, all bedecked in holly and holiday fun. Their last stop? Your home, of course. Jump in bed!



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12 Little Elves Visit Washington

Jess Smart Smiley, illustrations by Sadie Han

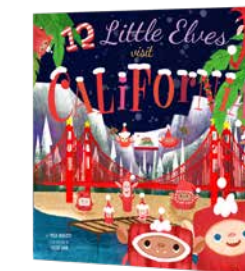
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The day after Easter, the Easter Bunny must clean up all the colored eggs the kids didn't find. Can you spot them all?



A Very Bunny Arizona

Jeff Harvey

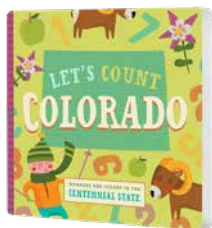
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A Very Bunny Illinois

Jeff Harvey

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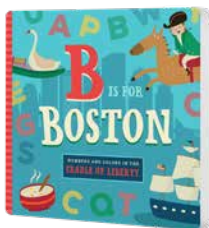
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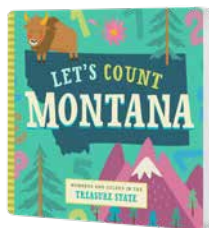
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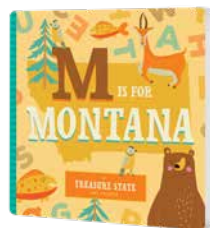
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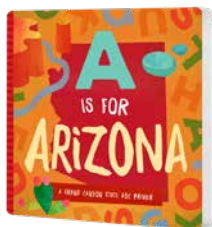
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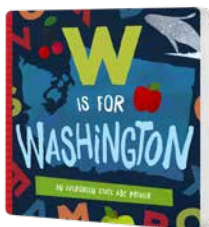
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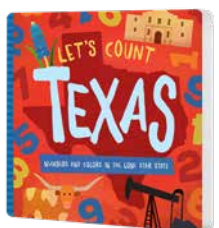
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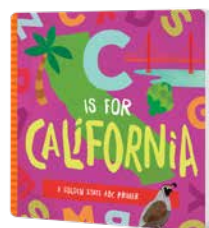
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